

# Family Education Webinar Series



Join the Division of Specialized Care for Children (DSCC) for this **free webinar series** on important topics for families and caregivers of children and youth with special healthcare needs.



**Division of Specialized Care for Children**

Presenters will cover a different topic each month and answer your questions. Each presentation will be in English. A Spanish interpretation line will be available during each session.

The webinars are open to anyone who is interested. If you have questions, email [dscc@uic.edu](mailto:dscc@uic.edu) or call (800) 322-3722.

## **MARCH: Supplemental Nutrition Assistance Program (SNAP) Benefits**

Tuesday, March 10, 6 p.m. – [Register for the SNAP Benefits Session](#)

This webinar will explain how to apply for SNAP benefits. Presenters will cover who can get SNAP, how to apply and recent changes to the program.

## **APRIL: Estate and Financial Planning**

Tuesday, April 14, 6 p.m. – [Register for the Estate and Financial Planning Session](#)

This webinar will focus on estate and financial planning to preserve government benefits for a person with a disability. Presenters will discuss planning tools, protecting benefits and preparing for the future.

## **MAY: Caregiver Mental Health**

Tuesday, May 12, 6 p.m. – [Register for the Caregiver Mental Health Session](#)

May is Mental Health Awareness Month. This webinar will focus on mental health for caregivers. Presenters will talk about stress, burnout and ways caregivers can take care of their own well-being.