



Family-to-Family Communities (F2FC)

Connecting Families of Deafblind Individuals via Distance Technology

F2FC brings families together to connect, share information and resources, and offer support to one another in the journey of supporting their deafblind family members.

"I love knowing that there are others like me! It's wonderful not to feel so isolated." (parent)



Registration

<https://tinyurl.com/F2FC2024>

F2FC registration is open until
September 1, 2024

Questions?
contact cdarrah@uga.edu
or your state deafblind project



Facebook

<https://tinyurl.com/F2FCFacebook>

Each small group is guided by trained facilitators and meets once per month for 60 or 90 minutes via Zoom or phone. Topics are chosen by the group and include structured conversation and open sharing. Regular participation is vital to the group, and connection between meetings is encouraged!

Facilitators will contact participants in August; monthly meetings will be Sept 2024 – May 2025

2024-2025 Family-to-Family Communities (adjust for time zones) *descriptions include sample topics*

- Self-Care Group: 1st Thursday/month at 7pm ET; share your experiences, find encouragement, and learn self-care tips to help you and your family thrive; Facilitators- Pam Kissoondyal & Kim Scheil
- Families with Members who have Peroxisomal Disorders: 3rd Monday/month at 8:30pm ET; communication, educational support, & life balance; Facilitators- Krista Olsen & Katie Sacra
- Families with Members who have CHARGE: Last Tuesday/month at 8pm ET; unique needs and services, building a network of support, family dynamics, planning for the future; Facilitators- Jenn Henkle & Katrina Michel
- Families with Members who have Usher syndrome: 3rd Wednesday/month at 8pm ET; support for BOTH moms and dads facilitated by a married couple, connections, and sharing resources; Facilitators- Morgan & Amanda Campbell
- Adult Life (age 22+): Last Wednesday/month at 7pm ET; for family members of adults who are deafblind; adult life systems, resources, and supports; Facilitators- Patti McGowan & Sheri Stanger
- Families with Children who have Complex Needs: 2nd Thursday/month at 7pm ET (60 min); health care, support providers, educational services, self-care, balancing family life; Facilitators- Kristi Arsenault & Michelle John
- Transition to Life beyond High School: 3rd Thursday/month at 2pm ET; for families of youth ages 14-22, planning for life after high school that is meaningful, purposeful, and enjoyable; Facilitators- Lanya McKittrick & Hex Withrow
- Grandparents and Extended Family: 3rd Wednesday/month at 7pm ET; for family members who want to support their loved ones whose child has a PBD or other diagnosis related to deafblindness; Facilitators- Chris & Tony DiLeo
- Spanish-speaking Families: 1st Tuesday/month at 12:00pm ET; education, relationships, self-care, and leadership; Facilitators- Josefina Gonzales & Doris Tellado; registration for this group ONLY <https://tinyurl.com/F2FC2024sp>
- Dads of Deafblind Children: COMING SOON! time/day TBD; group just for fathers to connect and share their experiences raising deafblind children while balancing the rest of life; if interested, email cdarrah@uga.edu