

Preparing for Adulthood:

A Roadmap for the Future

Session One: Navigating Adult Systems

Date: June 26 at 6 p.m.

Audience: Parents, caregivers, families and youth ages 12 to 15.

Register for Session One

As young people move toward adulthood, families face new challenges and shifting roles. This session will explore:

- Understanding adult systems: healthcare, education, employment, housing and community resources.
- Strategies for balancing independence and guidance as family roles evolve.

The presentation will provide practical tools to prepare for the future. Families of youth at other developmental stages are also welcome to attend.

Questions?

Contact Claire Cook
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