



UNIVERSITY OF
ILLINOIS CHICAGO

Division of Specialized Care for Children



Interim Relief Program

Getting Started

**We're
Here
to Help.**

What we do



The Interim
Relief
Program
seeks

placement for eligible children under the age of 21 at Psychiatric Residential Treatment Facilities (PRTFs). PRTFs offer intensive therapeutic services for children and adolescents whose mental health needs are not being met in other settings. The approved PRTFs provide structured therapeutic environments that accept patients with mental health diagnoses, including but not limited to substance use disorder, sexual abuse or deviance, aggression, eating disorders, personality disorders, etc. Treatment typically includes daily and weekly individual, group and family therapy.

PRTF referral documentation



To start the PRTF referral process, families must help their Care Coordinator gather these documents:

- Individualized Education Program (IEP) or 504 Plan
- Hospital records
- Psychiatric and psychological evaluations
- Other assessments
- Other documentation that provides a holistic view of child's functioning



How we help

We partner with families and approved PRTFs that will appropriately address a child's social, emotional and behavioral needs. Our care coordination includes:

- Gathering and sending referral documentation to PRTFs nationwide
- Facilitating transportation funding to the PRTF
- Maintaining frequent communication with the family and facility
- Ongoing assessment of needs and person-centered planning
- Transition and discharge planning

Important reminders

- All approved PRTFs are out of state
- Interim Relief cannot provide crisis placement
- Placement is not guaranteed
 - The decision to admit is up to each PRTF
- Common barriers to placement:
 - Autism spectrum disorder and intellectual or developmental disability diagnoses
 - Aggressive behaviors
 - Medical needs or the need for one-on-one support
 - Elopement
 - Bed-wetting
- Placements are typically six months to one year and are not long-term



Approved PRTFs



- Children's Home of Reading (Reading, PA)
- Compass Intervention Center (Cordova, TN)
- Devereux Florida (Viera, FL)
- Little Creek Behavioral Health (Conway, AR)
- McDowell Center for Children (Dyersburg, TN)
- Millcreek Behavioral Health (Fayetteville, AR)
- Millcreek Magee (Magee, MS)
- Millcreek Pontotoc (Pontotoc, MS)
- Resource Treatment Center (Indianapolis, IN)
- Springbrook Autism Behavioral Health (Travelers Rest, SC)
- Village Behavioral Health (Louisville, TN)
- Yellow Rock Behavioral Health (Springdale, AR)

For questions or concerns about Interim Relief services, contact Program Manager Haley Phelps at hbest2@uic.edu or Assistant Manager Carla Elliff at carlae@uic.edu.

Visit Our Website:
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We partner with Illinois families and communities to help children and youth with special healthcare needs connect to services and resources.