

# COMMUNITY MENTAL HEALTH & WELLNESS FAIR

Support and resources for  
your mental health



Saturday, October 7, 2023

9AM - 3PM

Lanphier High School - Commons  
1300 N 11th St, Springfield, IL



Resource Tables



Door Prizes



Wellness Workshops

**FREE & OPEN TO THE PUBLIC**

SPONSORED BY



**BHWC**  
BEHAVIORAL HEALTH  
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**SIU SCHOOL**  
of MEDICINE