

Illinois Statewide Transition Conference

Health Track

Bloomington-Normal Marriott Hotel & Conference Center

Nov. 3, 2023

Earn professional credits with in-person and virtual options!

Purpose: To help physicians and other health professionals develop knowledge and the use of skills, strategies and information to guide their practices in the successful transition to adulthood for children and youth with special healthcare needs (CYSHCN).

TARGET AUDIENCE:

Pediatric, Adult, Med/Ped, and Specialty Physicians, Nurse Practitioners, Physician Assistants, Nurses, and other professionals.

HEALTH TRACK SESSIONS INCLUDE:

E2: Introduction to Transition Activities (8 to 9 a.m.)

Speakers: Courtney Kerfoot, MA; Brittani Provost, MA, MPH; and Claire Cook, MSW

F2: Addressing Sexual and Reproductive Health Needs in Transition (9:15 to 10:15 am)

Speakers: Megan Barnes, fourth-year Internal Medicine, and Pediatrics Resident, and Ellen Parker, MD

Description: This session aids participants in navigating conversations with people with disabilities and families around sexual health topics to address an often-neglected area of development. Participants will engage in education and hands-on training in scenarios to improve confidence and competency.

H1: Adolescent and Young Adult Mental Health Transition (11:45 a.m. to 12:45 p.m.)

Speakers: Nabil Abou Baker, MD, and Nicole D. Anania, DO

Description: This session will review the importance of addressing mental health disorders for adolescents and young adults as they transition from the pediatric to the adult model of care, focusing on depression and anxiety.

H2: Autistic and Neurodiverse Adolescents Transitioning to Adulthood: Legal and Ethical Issues (11:45 a.m. to 12:45 p.m.)

Speakers: Nanette Elster, JD, MPH, and Kayhan Parsi, JD

Description: This session will examine ethical and legal challenges that autistic and neurodiverse adolescents face as they transition to adulthood. These challenges relate to a number of markers of adulthood: healthcare decision-making, financial issues, post-secondary education, housing, employment, sexual issues, etc.

Please Note: The full conference schedule is at [Conference Schedule 2023](#). The Nov. 2 sessions and sessions outside the "health track" will not offer CME or RN credit. The full conference is from Nov. 2-3, 2023.

AFTER COMPLETION OF THE ACTIVITY, PARTICIPANTS SHOULD BE ABLE TO:

1. Define and describe successful transition-planning activities for patients and identify resources related to transitioning.
2. Reflect on the sexual and reproductive health needs of people with various disabilities.
3. Demonstrate how to solicit concerns about sexual health based on an individual's circumstances, and how to guide discussions with caregivers and YSHCN on these issues.
4. Utilize and integrate new knowledge of insurance, public assistance programs, education, independence, and guardianship changes as patients enter adulthood.

Based on their session participation, participants should also be able to:

5. Explain how depression and anxiety can affect transition.
6. Interpret screenings for depression and anxiety, list comorbid mental health disorders affecting transition, and plan transition for those with mental health disorders.

Or

5. Identify various legal and ethical issues as they relate to autistic and neurodiverse adolescents as they transition to adulthood.
6. Differentiate between a biomedical model of understanding autism and neurodiversity and a public health/social model.

REGISTRATION NOW OPEN

Follow the link or QR Code to register:

<https://www.illinoistransitionconference.org/>



Contact Claire Cook with any questions at clairer3@uic.edu or (800) 322-3722, ext. 1812.

*No planning committee member for this activity has reported a relevant relationship with a commercial interest. There is no conflict of interest and nothing to disclose.