

Camp Location

Good Grief Day Camp is located at the beautiful McCannon Farm in rural Big Rock Township. Six generations of the McCannon family have lived and worked on this farm since it was settled in the late 1800's. In 2008 Farm Friends NFP, inspired by granddaughter Kasey, was created to be a place where individuals with special challenges and their families could come together to learn and have fun in a rural setting. In 2014 the McCannon family graciously offered the use of their property to Conley Outreach for its Good Grief Day Camp and other grief events.



Conley Outreach
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Caring for the Heart of Community

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An INC Board Funded Agency

Conley Outreach
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Good Grief Day Camp



45w134 Raymond Road
Big Rock IL 60511

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Your Unique Grief Journey

Good Grief Day Camp is a one week, non-residential camp designed specifically for children ages 6-12 who have lost a parent or sibling to death. The camp employs the healing elements of music, theater, art and nature to help children on their unique grief journey. In addition, spending time with other children who have experienced a similar loss helps them understand that they are not alone in their grief.

At Good Grief Day Camp, our goal is to help children begin the healing process by meeting them wherever they are on their grief journey, offering understanding, and helping them express their loss experience and feelings. Our camp staff is comprised of grief professionals and volunteers who have a special heart for grieving children.



Camp Overview

Each day at Good Grief Day Camp our activities and projects revolve around a specific grief-related theme.

Change: On Monday we examine the changes in our lives related to the death of our loved one.

Feelings: On Tuesday, we look at all of the feelings associated with grief and loss.

Memories: On Wednesday we talk about memories, both happy and sad.

Safe Places: Thursday's theme is trust and safe places.

Unique Journey: On Friday, we talk about how everyone's grief journey is different, even for people in the same family.



Sample of the art projects campers complete during the week



Sample Daily Schedule

9:00-9:15	Welcome and Warm Up
9:15-9:45	Theater
9:45-10:30	Art
10:30- 10:45	Snack
10:45-11:30	Sharing Time
11:30-12:00	Games/Nature Activities
12:00	Re-Group/Re-Cap/ Dismissal

Camp Registration

*Good Grief Day Camp is always the **last week in June**. The cost of the camp is \$50 per camper, with a \$100 limit per family. Scholarships are available to offset the cost of the camp.*

Registration is required.