



Friday, Feb 17th READING FOR MENTAL HEALTH

Fun ideas for helping children learn social and emotional wellness while reading

Reading to and with children from birth has been proven to improve a child's language, speech, and learning abilities. Choosing books that have a social and/or emotional message or theme can also help kids with their mental health and wellness. You'll learn about the benefits of social and emotional learning, find out how to choose stories with social/emotional themes, and get a list of books that are recommended reading.



Speaker: Cris Hawk
(Stanek), LCSW;
The Baby Fold

THIS IS ANOTHER IN A SERIES OF WEBINARS THAT WILL HELP US RECOGNIZE HOW OUR RELATIONSHIPS HAVE BEEN EFFECTED BY THE PANDEMIC AND HOW WE CAN HELP OUR CHILDREN BE STRONGER AS WE MOVE INTO THE POST-PANDEMIC WORLD.

Parents, caregivers, and service providers who join us will receive a list of recommended books.

TO REGISTER:

[HTTPS://WWW.SURVEYMONKEY.COM/R/AOKCARLEW/EB4](https://www.surveymonkey.com/r/AOKCARLEW/EB4)



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