Health Care Transition Conference Track

Attention: Pediatric, Adult Primary Care and Subspecialty Providers
Both in-person and virtual attendee options are available
Embassy Suites by Hilton East Peoria Riverfront Hotel & Conference Center
Register Now - https://cvent.me/EzbKOg

Clinicians and Experts from the Following Organizations:

• Got Transition® National Resource Center on Health Care Transition (HCT)
• Baylor College of Medicine/Texas Medical Center
• Ann & Robert H, Lurie Children’s Hospital of Chicago
• Loyola University Medical Center
• Shriners Hospital for Children-Chicago
• University of Illinois College of Medicine at Peoria
• OSF Saint Francis Medical Center/Children’s Hospital of Illinois
• UIC Division of Specialized Care for Children (DSCC)

Invite you on Nov. 3, 2022, to learn from one another:

• Identify the Six Core Elements of Health Care Transition
• Describe strategies and clinical services that improve the quality of health care transition
• Recognize options available to patients through Medicaid managed care and care coordination
• Discuss resources for healthcare providers, patients and families
• Identify fee-for-service and value-based payment options for health care transition

Health Track Sessions:

**A3**
8:30 to 9:30 Workshop
Overview of Health Care Transition to Adult Care
By Parag Shah, MD, MPH, Medical Director of Lurie Children’s Transition to Adult Care Program, Angela Berger LCSW, Manager of Lurie’s Children Transition to Adult Program

**A5**
8:30 to 9:30 Solution Room
Navigating Managed Care Insurance and Care Coordination Benefits for the YSHCN
By Molly Hofmann DNP, APRN, PCNS-BC, Director Care Coordination, System Development & Education, Division of Specialized Care for Children; TBD - MCO Provider and HFS

**B4**
9:50 to 10:50 Workshop
Legal & Financial Planning: Special Needs Trust and Guardianship & Alternatives

**B5**
9:50 to 10:50 Café
Transition Readiness, Planning and Supportive Resources
By Rocio Perez, Director IL Life Span Program at The Arc of Illinois & Suzanne Aaron, Illinois Life Span Information & Outreach Specialist; Macey Jones LCSW & Nisha Bajju both Rehabilitation Services Advisors, Department of Human Services/Division of Rehabilitation Services, Nicholas Cooper Student Nurse Intern at Ann & Robert H. Lurie Children’s Hospital of Chicago

**Keynote**
11 to 12
Confronting Our Disability Biases: Moving Beyond Low Expectations
By Emily Ladau B.A. Activist, Writer, Speaker

**C4**
1 to 2 Workshop
Building a Transition Planning Program
By Albert C. Hergenroeder, MD - Chief, Adolescent Medicine Service and Adolescent Medicine Clinic, Professor, Pediatrics, Baylor College of Medicine/Texas Medical Center; Constance M Wiemann, Ph.D. Director of Research Baylor College of Medicine in the Section of Adolescent Medicine & Sports Medicine

**D1**
2:20 to 3:50 Plenary
Making the Case for Health Care Transition Delivery System and Payment Innovations
By Margaret McManus, MHS, Got Transition Co-Project Director, President of The National Alliance to Advance Adolescent Health
### A3: Overview of Health Care Transition to Adult Care

**8:30 to 9:30 A.M.**

**Purpose:**
The presentation will provide general guidelines for best practices on Health Care Transition for health professionals and non-healthcare professionals. It will cover the Six Core Elements and other key components of transition planning and how to incorporate transition in their daily busy practice.

**Target Audience:**
Pediatricians, internists, family practitioners, nurse practitioners, nurses, social workers

**Speakers:**
Parag Shah, MD, MPH, Medical Director of Lurie Children’s Transition to Adult Care Program, Angela Berger LCSW, Manager of Lurie’s Children Transition to Adult Care Program

**After completion of the activity, participants should be able to:**
1) Recall the Six Core Elements of Health Care Transition and key components of transition planning.
2) Differentiate between adult vs. pediatric medicine and the impact on transition
3) Illustrate how to incorporate strategies to address the core elements used during a brief healthcare visit.

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### A5 - Navigating Managed Care Insurance and Care Coordination Benefits for the YSHCN

**8:30 to 9:30 A.M.**

**Purpose:**
This healthcare provider focused presentation will start with an overview of HealthChoice Illinois (provided by HFS). It will also give an overview of care coordination, including how it may be available and how it assists in the preparation/plan for the transition to adulthood. Participate in a question-and-answer session related to the topics covered in the presentation or ask questions related to experiences in practice.

**Target Audience:**
Pediatricians, internists, family practitioners, nurse practitioners, nurses, social workers

**Speakers:**
Molly Hofmann DNP, APRN, PCNS-BC, Director Care Coordination, System Development & Education, Division of Specialized Care for Children
TBD - MCO Provider and HFS Presenter

**After completion of the activity, participants should be able to:**
1) Recognize options available to their patients who are customers of HealthChoice Illinois, including key points about enrollment.
2) Examine ways to help patients who are customers of HealthChoice Illinois troubleshoot questions or concerns related to their Medicaid managed care coverage.
3) Identify various ways care coordination services can be available.
4) Explain how care coordination can help patients prepare for the transition to adulthood.
### B4 - Legal & Financial Planning: Special Needs Trust and Guardianship & Alternatives  
9:50 to 10:50 A.M.

**Purpose:**
This seminar will guide professionals and families through the fundamentals of special needs planning and how to protect the adult child’s access to governmental benefits, programs, and services. The other half of the presentation will focus on the evolving approach to medical and financial decision-making. The discussion will encompass the steps involved in arriving at the decision to seek guardianship, a detailed look at the report of physician, and discussion of alternatives to guardianship.

**Target Audience:**  
Pediatricians, internists, family practitioners, nurse practitioners, nurses, social worker

**Speakers:**

**After completion of the activity, participants should be able to:**
1. Demonstrate special needs planning.
2. Explain the role of a special needs trust in protecting an individual's eligibility for government benefits.
3. Utilize key concepts to share with families, healthcare teams, and individuals with disabilities.
4. Discuss alternatives to guardianship such as supported decision-making, powers of attorney, and limited guardianship.
5. Review the legal requirements for guardianship.
6. Examine the Report of Physician required to seek a legal guardianship and the elements that make up the report.

### B5 - Transition Readiness, Planning and Supportive Resources  
9:50 to 10:50 A.M.

**Purpose:**
Panelists will present on resources to help with transition planning and supports, including the program and services of The Arc of Illinois, an overview of DRS Home Services Program and Comprehensive Transition Tool for Gender Development Programs.

**Target Audience:**  
Pediatricians, internists, family practitioners, nurse practitioners, nurses, social workers

**Speakers:**
Rocio Perez, Director IL Life Span Program at The Arc of Illinois & Suzanne Aaron, Illinois Life Span Information & Outreach Specialist; Macey Jones LCSW & Nisha Baiju both Rehabilitation Services Advisors with the Department of Human Services/Division of Rehabilitation Services; Nicholas Cooper Student Nurse Intern at Ann & Robert H. Lurie Children's Hospital of Chicago

**After completion of the activity, participants should be able to:**
1. Determine which program(s) of The Arc is available to assist in meeting specific needs of transition-age youth and families.
2. Review eligibility requirements for an individual to receive services through the Division of Rehabilitation Services Home Services Program.
3. Discuss different services provided by the Division of Rehabilitation Services Home Services Program.
4. Identify current barriers to providing equitable health care transition support to gender-diverse youth.
5. Express the need for gender-affirming health care transition policy and procedure.
Keynote: Confronting Our Disability Biases: Moving Beyond Low Expectations
11 A.M. to 12 P.M.

Purpose:
Holding low expectations for people with disabilities is a form of prejudice that's all too common. Even as informed, empowered advocates and allies, we can still fall into the trap of making assumptions about what we or the people we love, teach, and/or support are capable of doing. This can cause a cycle of self-doubt in people with disabilities, and lead to unintentional barriers. Together, we will explore the biases we have about disabilities, talk about how to move beyond them, and embrace the importance of having high expectations for all.

Target Audience:
All conference participants

Speakers:
Emily Ladau B.A., Activist, Writer, Speaker

After completion of the activity, participants should be able to:
1) Review the history of the exclusion of disabled people from advocacy efforts and how they’ve reclaimed their power.
2) Recognize internalized biases toward disabled people and learn how to shift them to better support disabled people in advocacy efforts.

C4 – Building a Transition Planning Program
1 to 2 P.M.

Purpose:
The presenters will discuss how they have consulted with clinical services and hospitals in building their transition planning program, including lessons learned; using a report card as a method to set up the roadmap for building a transition program; and using the EMR-based Transition Planning Tool as a method to help clinicians start transition planning discussions.

Target Audience:
Pediatricians, internists, family practitioners, nurse practitioners, nurses, social workers

Speakers:
Albert C. Hergenroeder, MD - Chief, Adolescent Medicine Service and Adolescent Medicine Clinic, Professor, Pediatrics, Baylor College of Medicine/Texas Medical Center; Constance M Wiemann, Ph.D. Director of Research in the Section of Adolescent Medicine & Sports Medicine.

After completion of the activity, participants should be able to:
1) Describe how the presenters approach clinical services in terms of improving their healthcare transition planning process.
2) Describe the timeline for developing a healthcare transition program.
3) Describe evaluation methods for monitoring the proposed healthcare transition program.

D1– Making the Case for Health Care Transition Delivery System and Payment Innovations
2:20 to 3:50 P.M.

Purpose:
This session will offer practical tips and real-life examples for strengthening pediatric-to-adult transitional care in partnership with payers and health system leaders. It will offer specific suggestions for making the case, coding, and tips and examples for designing a payment pilot.

Target Audience:
Pediatricians, internists, family practitioners, nurse practitioners, nurses, social workers

Speakers:
Margaret McManus, MHS, Got Transition Co-Project Director, President of The National Alliance to Advance Adolescent Health

After completion of the activity, participants should be able to:
1) Discuss tips on making a compelling case for health care transition.
2) Identify fee-for-service and value-based payment options for health care transition.
3) Explain state Medicaid agencies, Medicaid MCOs, and large integrated care systems’ experiences in designing innovative payment pilots to support the transfer of care for youth with chronic conditions.
Registration is open! This event will be a hybrid conference with both in-person and virtual options available. The deadline to register is Oct. 8, 2022.

Statement of Continuing Medical Education Credit:

The University of Illinois College of Medicine at Chicago is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Illinois College of Medicine at Chicago designates this Live activity CME activity for a maximum of 5.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Registration Fees

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Hotel Information: For your convenience, we have secured room blocks for Nov. 2 and 3, 2022.

Embassy Suites East Peoria Riverfront Hotel & Conference Center
100 Conference Center Drive
East Peoria, Illinois 61611
309-694-0200
$96 per night
Group Code: TRA
Room Block Deadline: Oct. 12, 2022. [Click here to make online reservations at the Embassy Suites East Peoria](https://cvent.me/EzbKOg)

Holiday Inn & Suites East Peoria
101 Holiday Street
East Peoria, Illinois 61611
1-800-465-4329
$96 per night
Group Code: STC [Click here to make online reservations at the Holiday Inn & Suites](https://cvent.me/EzbKOg)

*No member of the planning committee for this activity have reported a relevant relationship with a commercial interest. There is no conflict of interest and nothing to disclose.

For questions contact Darcy Contri, RN, BSN, MPH at (800) 322-3722 or dacontri@uic.edu.