



Cognition, Behavior & Mindfulness Clinic

10AM-4:30PM

Children ages 6-18 are welcome!

SUMMER MINDFULNESS CAMPS!

Join us for interactive group sessions for children and teens!

Date	Camp
6/6-6/10	Cognition Camp
6/13-6/17	Behavior Camp
6/20-6/24	Mindfulness Camp
6/27-7/1	Cognition Camp
7/11-7/15	Behavior Camp
7/18-7/22	Mindfulness Camp
7/25-7/29	Cognition Camp
8/1-8/5	Behavior Camp
8/8-8/12	Mindfulness Camp

\$125 PER WEEK

COVID REGULATIONS ENFORCED



Cognition Camp

Grow your brain! Learn how to focus, concentrate, and think quick to solve problems.



Behavior Camp

Let your feelings go! Learn how to manage emotions, make wise choices, and not get so upset.



Mindfulness Camp

Free your mind! Learn how to better notice your inner self, appreciate others, and enjoy the world around you.

Visit us online: bit.ly/cbmcliclinic

REGISTRATION:

☎ 312-996-7988

🌐 ACHAST2@UIC.EDU

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