

Attention: Pediatric, Adult Primary Care and Subspecialty Providers

Health Track, November 4, 2021, 8:30 AM – 4:30 PM

Embassy Suites by Hilton East Peoria Riverfront Hotel & Conference Center.

Both in-person and virtual attendee options are available.

Register Now - <https://cvent.me/9aL9Zy>

Clinicians and Experts from the Following Organizations:

- AMITA La Grange Family Medicine
- Ann & Robert Lurie Children's Hospital of Chicago
- Loyola University Medical Center
- OSF Saint Francis Medical Center/Children's Hospital of Illinois
- Shriners Hospital for Children-Chicago
- University of Illinois College of Medicine at Peoria
- University of Illinois at Chicago Medical Center
- University of Chicago Department of Medicine
- UIC Division of Specialized Care for Children (DSCC)

Invite you on November 4, 2021 to learn from one another:

- Identify the Six Core Elements of Health Care Transition
- Discuss strategies, that improve the quality of healthcare transition
- Indicate the transition process requires assessment, and teaching acquisition of knowledge and skills
- List resources for patients, families and health care providers

Health Track Sessions:

General Session: Supported Decision-Making: From Justice for Jenny to Justice for All!
 presented by Jonathan Martinis

8:45 – 9:45

A5 10:00 -11:00	Best Practices in Health Care Transition by Parag Shah, MD, MPH; Ellen Parker MD FAAP, FACP
A6 10:00 -11:00	"Discovery"- Oriented Services for Young Adults with Mental Health Needs by Marc Fagan, PsyD; Vanessa Klodnick, PhD, LCSW
B4 11:15 -12:15	Health Care Transition Improvement by Darcy Contri RN, BSN, MPH; LaTania Peoples-Love, Ed.D., Q.M.H.P.
C5 1:45 -2:45	Implementing Health Care Transition Models into Practice by Matthew Mischler MD, FAAP, FACP; Shubhra Mukherjee MD FRCPC; Rita Rossi-Foulkes, MD, FAAP, MS, FACP; Nabile Abou Baker, M.D., F.A.A.P.
C6 1:45 -2:45	Family Medicine: Specializing in Families with Special Needs by Jen Swoyer DO
PLN D1 3:00 – 4:30	Health Care Transition Quality Improvement Mini Presentations and Networking Opportunity

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of University of Illinois College of Medicine at Peoria and University of Illinois Chicago Division of Specialized Care for Children. The University of Illinois College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Illinois College of Medicine at Peoria designates this live activity for a maximum of 6.5 AMA-PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

KEYNOTE - Supported Decision-Making: From Justice for Jenny to Justice for All!

8:45 AM-9:45 AM

Purpose:

Study after study shows that when people with disabilities make more decisions - when they have more self-determination - they have better lives. Yet, people with disabilities continue to be placed in overboard or undue guardianships, with studies showing that the majority of young adults with intellectual and developmental disabilities have guardians. Using the "Justice for Jenny" case as an example and guide, this session will show how people can use Supported Decision-Making to work with trusted friends, family members, and professionals who help them understand their situations and choices so they may make their own decisions, avoid overboard or undue guardianship, and enhance their quality of life.

Target Audience:

Pediatricians, internists, family practitioners, nurse practitioners, nurses, social workers, all conference participants

Speakers:

Jonathan Martinis, Esq., J.D.

After completion of the activity, participants should be able to:

- 1) Define what self-determination is and how studies show it is the key to maximizing quality of life for people with disabilities.
- 2) Describe how overboard and undue guardianship can remove rights, decrease self-determination, and lead to negative life outcomes.
- 3) Explain how increasing self-determination leads to better life outcomes, including increased independence, employment, community integration, and safety for people with disabilities.
- 4) Identify what Supported Decision-Making is and how it can increase self-determination and be an effective and appropriate alternative to overboard and undue guardianship.
- 5) Summarize ways people with disabilities, families, and professionals can plan for and implement Supported Decision-Making.

A5 - Best Practices in Health Care Transition

10:00 AM-11:00 AM

Purpose:

Provide general guidelines for provider best practices on Health Care Transition and youth preferences for transition planning. Educate health professionals on key components of transition planning and how to incorporate transition in their daily busy practice. In addition, for non-healthcare professionals, learn how the health care system addresses transition to adult care.

Target Audience:

Pediatricians, internists, family practitioners, nurse practitioners, nurses, social worker

Speakers:

Parag Shah, MD, MPH

Ellen Parker MD FAAP, FACP

After completion of the activity, participants should be able to:

- 1) Describe the Six Core Elements of Health Care Transition and key components of transition planning.
- 2) Explain the differences between the adult vs pediatric medicine.
- 3) Illustrate how to incorporate strategies to address the core elements during a brief visit.
- 4) Recognize how young adults prefer their transition planning needs to be met.

*No member of the planning committee for this activity have reported a relevant relationship with a commercial interest. There is no conflict of interest and nothing to disclose.

For questions contact Darcy Contri, RN, BSN, MPH at (217) 558-2350 or dacontri@uic.edu.

A6 - “Discovery”- Oriented Services for Young Adults with Mental Health Needs

10:00 AM-11:00 AM

Purpose:

This interactive presentation describes how Thresholds implemented two multidisciplinary community-based care models for transition-age youth with mental health needs and early psychosis. Emerge and MindStrong provides clinical, vocational, peer, and community support. Positive outcomes and Threshold’s advocacy efforts informed state legislation that can increase accessibility to these models across Illinois.

Target Audience:

Pediatricians, internists, family practitioners, nurse practitioners, nurses, social workers

Speakers:

Marc Fagan, PsyD
Vanessa Klodnick, PhD, LCSW

After completion of the activity, participants should be able to:

- 1) Differentiate “emerging adulthood” from other developmental phases in the life span and learn a) how serious mental health conditions impact this time of marked instability and exploration, and b) why specialty services are critical for this vulnerable population.
- 2) Recognize how Thresholds developed and implemented transition-age youth-specific community service teams through blending and adapting evidence-based practices and leveraging funding sources in a way that can be replicable by other providers.
- 3) Describe the Emerge and MindStrong Models, which include psychiatric, clinical, vocational, peer, and community support elements, and illustrate positive clinical and vocational outcomes.
- 4) Describe Thresholds' successful advocacy in contributing to new state legislation to increase the accessibility of multidisciplinary, community-based care for adolescents and young adults with serious mental health needs. Learn how this legislation can lead to other providers across Illinois in building similar services.

B4 - Health Care Transition Improvement

11:15 AM-12:15 PM

Purpose:

Current data shows only 28.3% of youth with special healthcare needs in Illinois received the services necessary to make the transition to adult health care, while 18.6% of youth without special healthcare needs received the necessary transition services. Join us to learn how DSCC can support health care teams in the initial development& implementation of evidence-based HCT improvement. Health Care practices are partnering with the Division of Specialized Care for Children’s (DSCC) transition team on implementing the Six Core Elements of Health Care Transition (HCT).

Target Audience:

Pediatricians, internists, family practitioners, nurse practitioners, nurses, social worker

Speakers:

Darcy Contri RN, BSN, MPH
LaTania Peoples-Love, Ed.D., Q.M.H.P

After completion of the activity, participants should be able to:

- 1) Discuss the set of steps and sample tools to facilitate the process of HCT utilizing Got Transition Six Core Elements of Health Care Transition.
- 2) Review survey results to gain insight into clinicians’ views on HCT implementation.
- 3) Examine what are the challenges of HCT, identify what is helpful, and lastly what providers find beneficial to their practice.

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C5 – Implementing Health Care Transition Models into Practice

1:45 PM-2:45 PM

Purpose:

Physicians must have the knowledge and skills to provide the services needed to facilitate a successful transition from pediatric to adult-centered care. Illinois Med-Peds Program Directors and physician panelists from the University of Chicago Med-Peds Residency; University of Illinois College of Medicine at Peoria; and Loyola University Medical Center, will present models implementing transition care services into adult and pediatric practices. Join them to gain tools that you can use or modify for use in your own practices.

Target Audience:

Pediatricians, internists, family practitioners, nurse practitioners, nurses, social workers

Speakers:

Matthew Mischler MD, FAAP, FACP
Shubhra Mukherjee MD FRCP
Rita Rossi-Foulkes, MD, FAAP, MS, FACP
Nabile Abou Baker, M.D., F.A.A.P

After completion of the activity, participants should be able to:

- 1) Identify tools to aid in developing a transition policy for your practice.
- 2) Identify a strategy to develop a transition registry for your practice.
- 3) Identify tools to assist in assessing transition needs and setting transition goals for patients and families.
- 4) Identify tools to assist in aiding patients and families meet transition goals.

C6 – Family Medicine: Specializing in Families with Special Needs

1:45 PM-2:45 PM

Purpose:

Our health care opportunity is to optimize the health and wellness of the family. Our family-centered care model works to wrap around the family system. We plan to show how a model focused on supporting the support system will sustain health for the individual, thereby increasing independence and health. We should never struggle to help families and adult children with special medical needs transition through life's stages successfully.

Target Audience:

Pediatricians, internists, family practitioners, nurse practitioners, nurses, social workers

Speakers:

Jen Swayer DO

After completion of the activity, participants should be able to:

- 1) Explain that caregivers of children and adult children with special needs frequently miss opportunities for their own preventive health care.
- 2) Identify how the opportunities to identify preventable disease can lead to complex situations when the caregivers themselves become ill.
- 3) Demonstrate how this model of care is reproducible and expandable within the scope of primary care.

PLENARY D1 – Health Care Transition Quality Improvement Mini Presentations and Networking Opportunity

3:00 PM-4:30 PM

Purpose:

Learn about multiple innovative clinical projects related to health care transition and how they might apply to your own practice setting. Medical Providers will be showcasing their health care transition leadership and research projects from across Illinois. There will be time for networking and further discussion with expert.

Target Audience:

Pediatricians, internists, family practitioners, nurse practitioners, nurses, social workers

Speakers:

TBD

After completion of the activity, participants should be able to:

- 1) Integrate Health Care Transition Core Elements into clinical practice.
- 2) Explain ways to assist youth/young adult patients with building self-management skills during clinic visit
- 3) Describe Models of Transition to Adult Providers
- 4) Establish referral mechanisms to adult health care providers.

Registration is open! This event will be a hybrid conference with both in-person and virtual options available. The deadline to register is October 8, 2021.

Registration Fees

All Professionals, School Personnel, Health Care Professionals, Rehabilitation Counselors, Social Workers, Service Providers

\$250.00 for a full 2-day registration fee

\$150.00 for a 1-day registration fee

Register Now - <https://cvent.me/9aL9Zy>

Hotel Information

For your convenience, we have secured room blocks at the Embassy Suites East Peoria Riverfront Hotel & Conference Center as well as at the Holiday Inn and Suites East Peoria for the evenings of November 3 & 4, 2021.

Embassy Suites East Peoria Riverfront Hotel & Conference Center

100 Conference Center Drive

East Peoria, Illinois 61611

309-694-0200

\$96.00 per night

Room Block Deadline: October 13, 2021

Group Code STN

[Click here to make online reservations at the Embassy Suites East Peoria](#)

Holiday Inn & Suites East Peoria

101 Holiday Street

East Peoria, Illinois 61611

1-800-465-4329

\$94.00 per night

Room Block Deadline: October 13, 2021

Group Code STC (be sure to check the box identified with a wheelchair symbol to get options for accessible rooms)

[Click here to make online reservations at the Holiday Inn & Suites](#)

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For questions contact Darcy Contri, RN, BSN, MPH at (217) 558-2350 or dacontri@uic.edu.

