# What to Expect During & After Your COVID-19 Vaccine

#### Before you get the vaccine

Talk to your doctor if you have any of the following risk factors:

- Have a history of a severe allergic reaction to other vaccines or medication
- Have a fever
- Have a bleeding disorder or take blood thinners
- Are immunocompromised or on a medicine that affects your immune system
- Are pregnant, plan to become pregnant, or breastfeeding



### SPECIALIZED CARE

#### After you get the vaccine

You may have the following:

- Pain, tenderness, and swelling of the lymph nodes in the same arm at the injection site
- Fatigue, headache, muscle pain, joint pain, chills, nausea and vomiting, and fever
- These side effects are a sign that your body is working to fight the virus

If you think you're having an allergic reaction to the vaccine, call 911.

#### Look for:

- Difficulty breathing
- Swelling of your face and throat
- A fast heartbeat
- A bad rash all over your body
- Dizziness and weakness

After the first vaccine, you will get a **second** vaccine three to four weeks later and it must be the same type of vaccine (Moderna or Pfizer-BioNTech).

#### To help you remember your appointment

- Immediately schedule your next appointment after the first dose of your vaccine.
- Set a reminder on your cell phone or calendar.



Sources: www.cdc.gov http://www.dph.illinois.gov

## After both shots, continue to

#### After both shots, continue to:

- Wear a mask
- Practice social distancing (stay at least 6 feet apart)
- Wash hands
- Avoid crowds

#### **Remember:**

It takes time for your body to build protection after any vaccination. COVID-19 vaccines that require two shots may not protect you until a week or two after your second shot.

Even after the vaccination, you may be able to spread the coronavirus to others. Infection prevention measures are still very important.

