



PEERS[®] Social Skills Group for Young Adults

Participants will learn about:

- Using social media and online platforms to develop and maintain friendships
- Conversational skills
- Entering & exiting conversations
- Electronic communication
- Using humor appropriately
- Dating Skills
- Organizing get-togethers
- Handling direct and indirect bullying
- Handling disagreements
- Handling dating pressure

Now Accepting Applications for Fall/Winter 2020 Virtual Groups!

- PEERS[®] for Young Adults is an evidence-based social skills intervention for motivated adults who are interested in making and keeping friends and/or developing romantic relationships.
- Participants and social coaches (parents, support worker, etc) attend 16 weekly virtual sessions over Zoom for 90 minutes each week.
- Young adults are taught social skills through didactic lessons and role-play demonstrations, and practice these skills during onling socialization activities.
- Social coaches attend separate virtual sessions simultaneously and are taught how to assist young adults in making and keeping friends and/or dating.

To apply or for more information, please contact Dan Bressler:

dan.bressler@opad.org