

PEERS[®] Social Skills Group for Adolescents

Teens will learn about:

- Using social media and online platforms to develop and maintain friendships
- Conversational skills
- Entering & exiting conversations
- Electronic communication
- Using humor appropriately
- Organizing get-togethers
- Being a good sport
- Handling disagreements
- Changing a bad reputation
- Handling teasing and bullying

Now Accepting Applications for Fall/Winter 2020 Virtual Groups!

- PEERS[®] for Adolescents is an evidence-based social skills intervention for motivated teens in middle and high school who are interested in making and keeping friends and/or handling conflict and rejection.
- Teens and parents attend 16 weekly virtual sessions over Zoom for 90 minutes each week.
- Teens are taught social skills through didactic lessons and role-play demonstrations, and practice these skills during onling socialization activities.
- Parents attend separate virtual sessions simultaneously and are taught how to assist their teens in making and keeping friends.
- Parent participation is required.

To apply or for more information, please contact Dan Bressler:

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