

My COVID-19
Memory Book

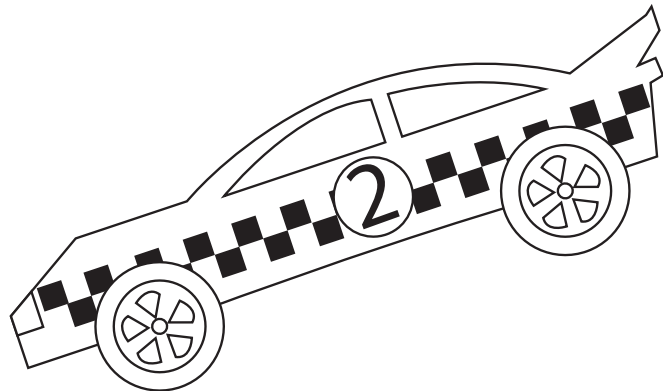


nono

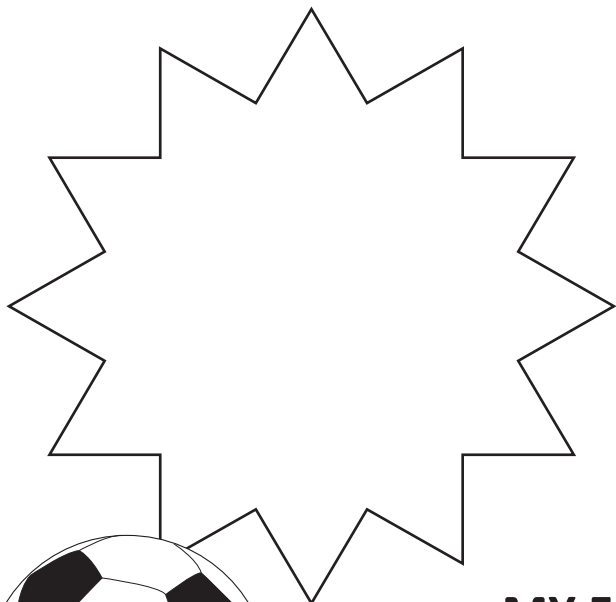
DRAW A PICTURE OF YOURSELF DURING SOCIAL DISTANCING

★ ABOUT ME ★

MY NAME



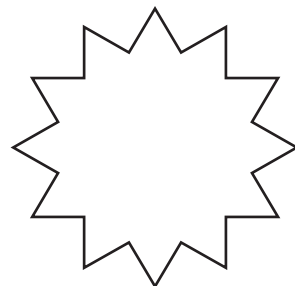
MY FAVORITE TOY



MY FAVORITE SPORT



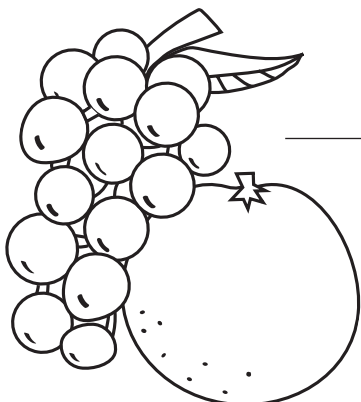
MY AGE



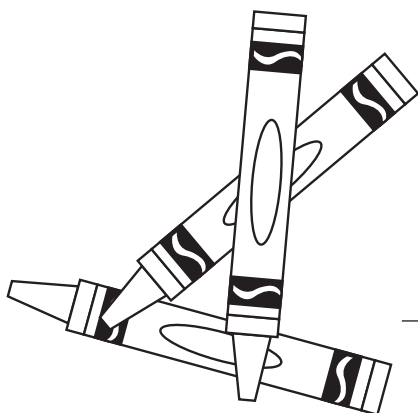
MY FAVORITE ANIMAL



MY FAVORITE FOOD

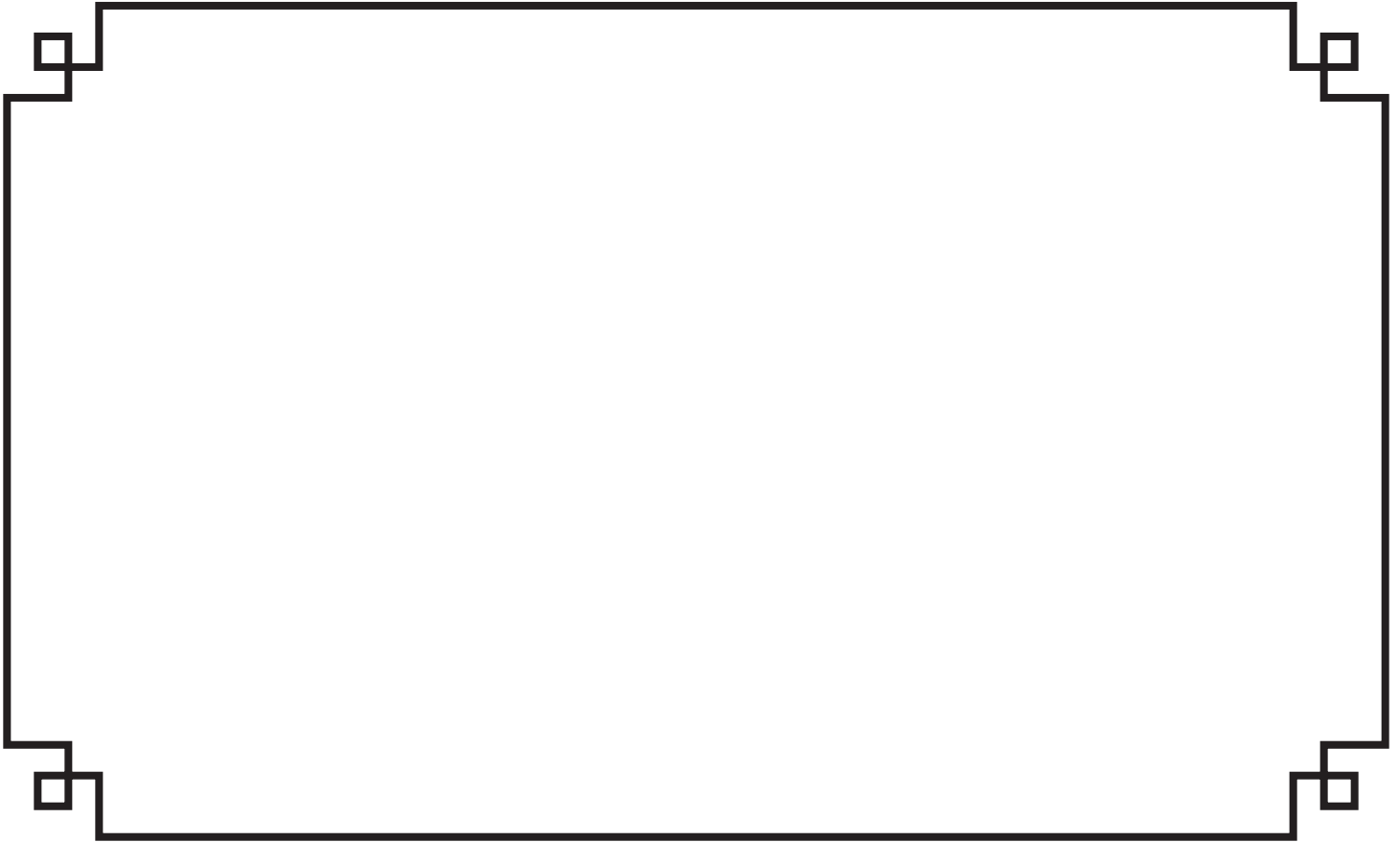


MY FAVORITE COLOR



MY FAMILY

PICTURE OF MY FAMILY



WHO IS IN THE PICTURE

MY PETS



SPECIAL MEMORY

MY FRIENDS

COMMUNITY

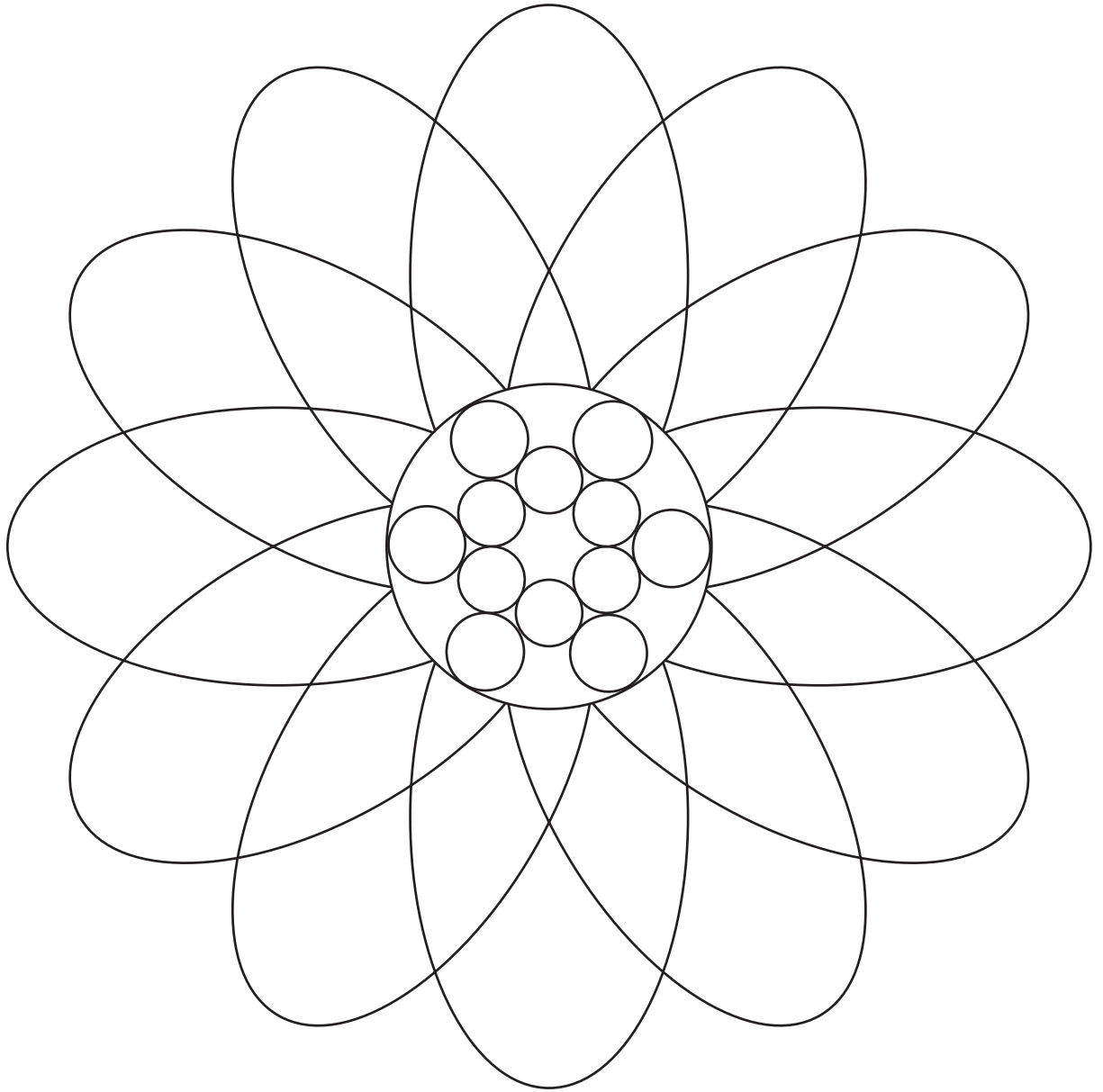


1-RED 2-GREEN 3-BLUE 4-BROWN 5-GRAY 6-YELLOW

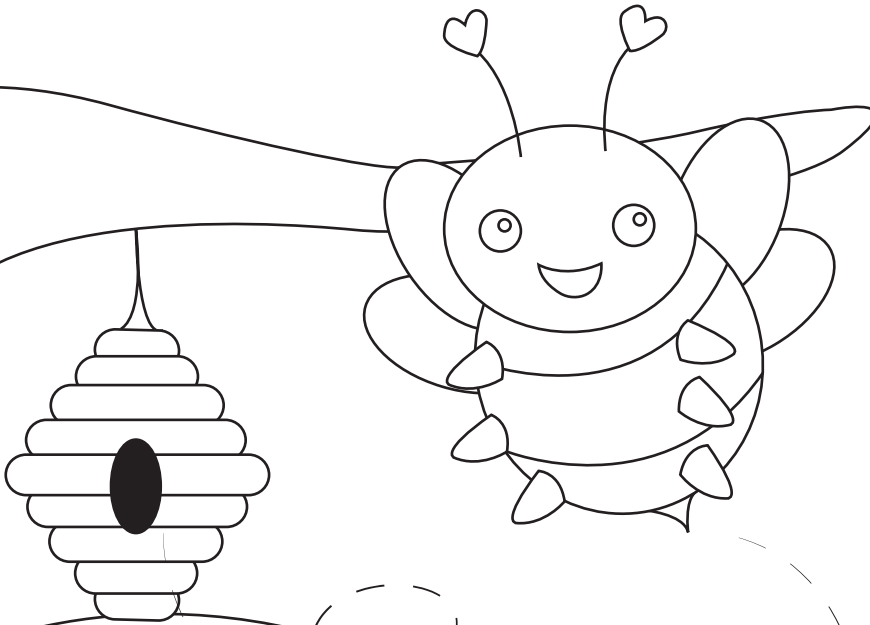
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MY FAVORITE WAYS TO STAY CONNECTED TO OTHERS

WHAT I AM THANKFUL FOR



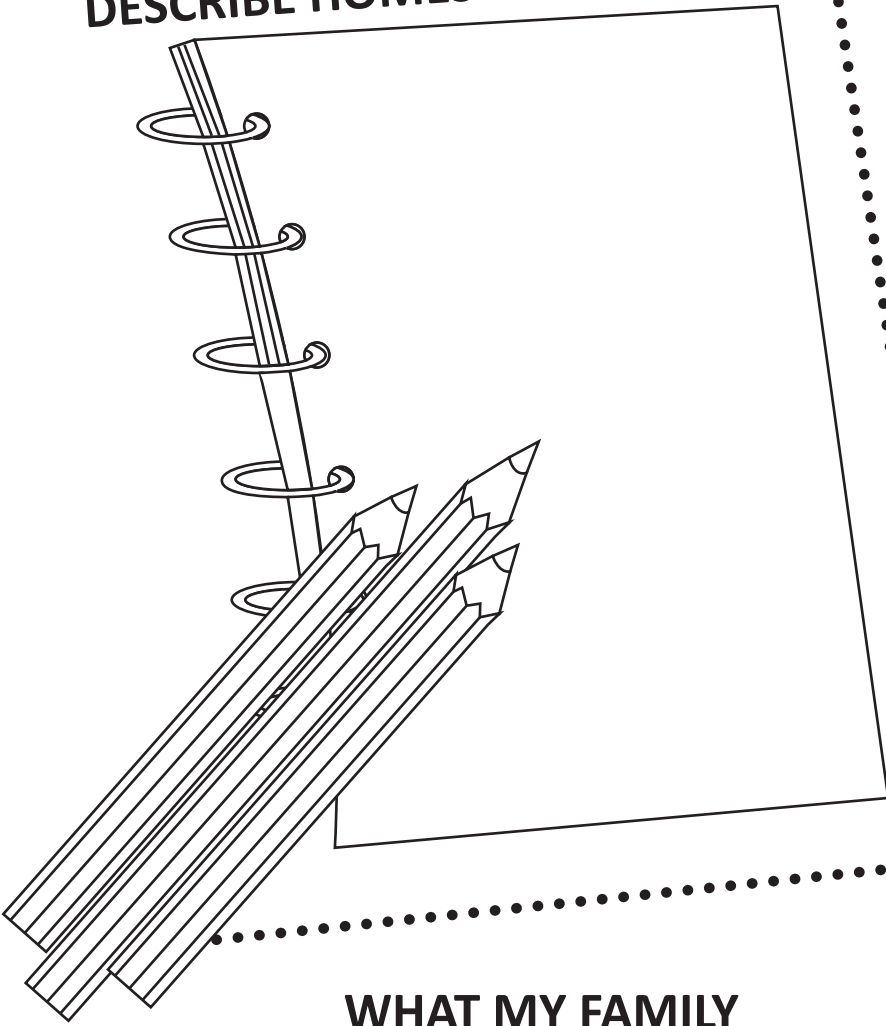
BE SAFE &
HEALTHY



WHAT I AM DOING TO KEEP BUSY

MY HOUSEHOLD

DESCRIBE HOMESCHOOLING



WHAT HAS BEEN THE BIGGEST CHANGE?

OUR FAVORITE SONGS

WHAT MY FAMILY DOES TOGETHER

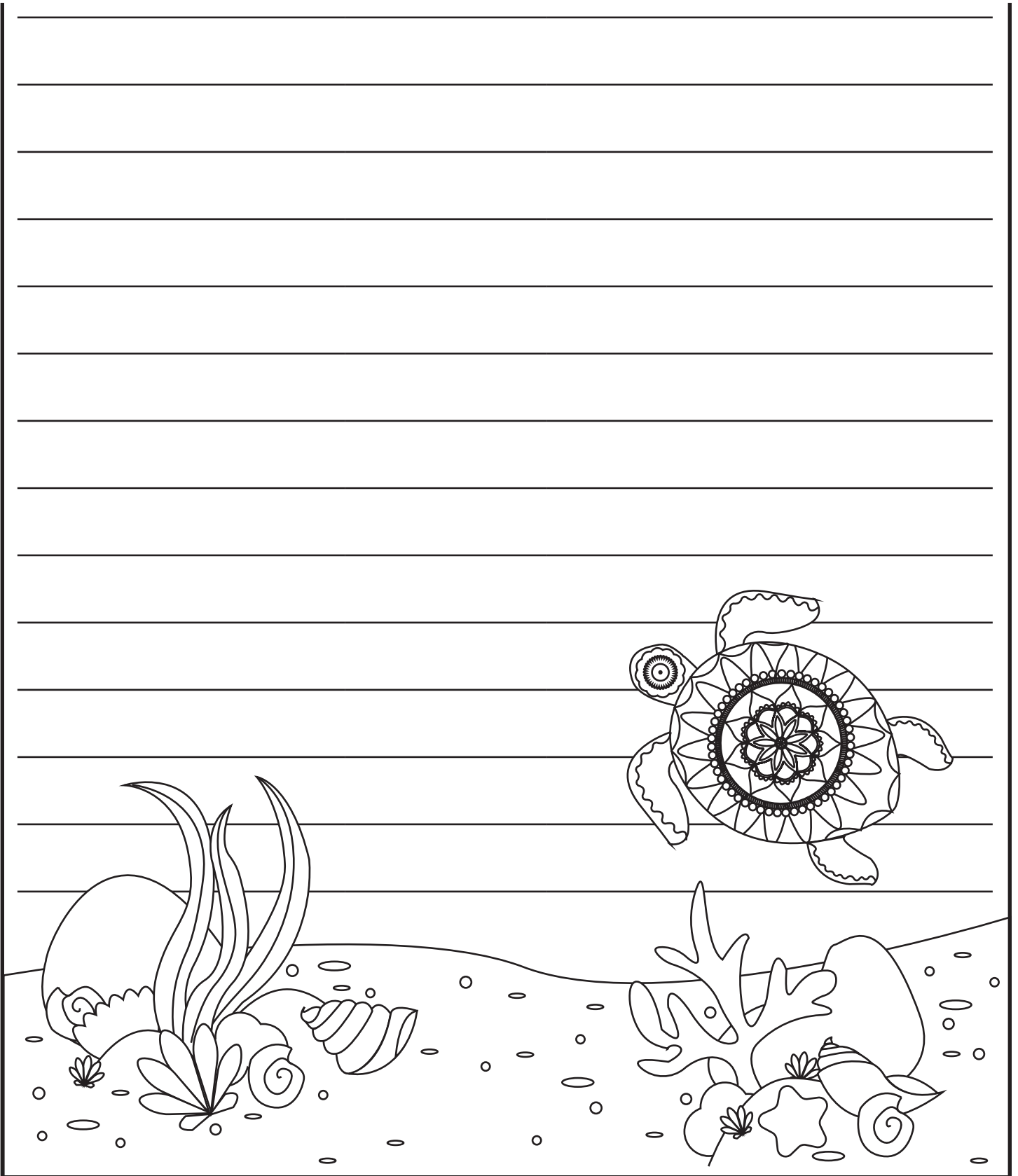
OUR FAVORITE TV SHOWS & MOVIES TO WATCH

OUR FAVORITE BOOKS

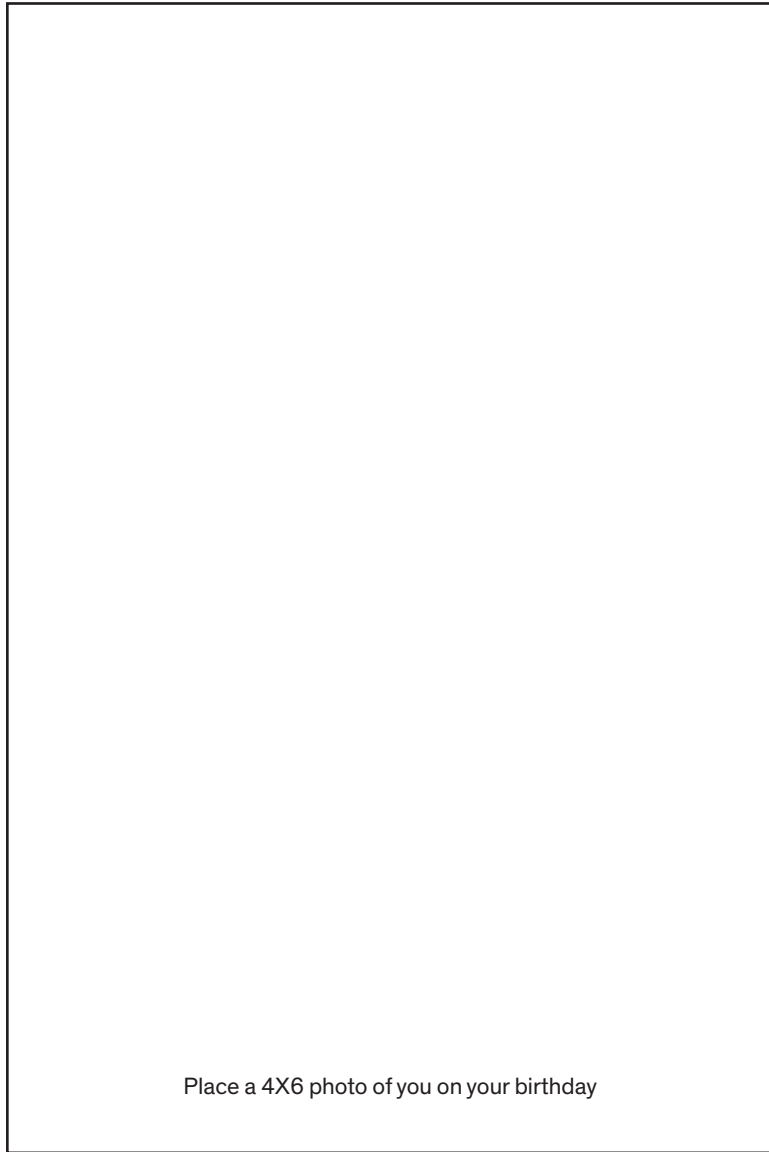
A large rectangular box with a decorative, wavy top edge. On the right side, there is a vertical black bar with the text "FAVOTIRE ACTIVITY/HOBBY" written vertically in white. The box is intended for writing about favorite activities or hobbies.

FAVOTIRE ACTIVITY/HOBBY

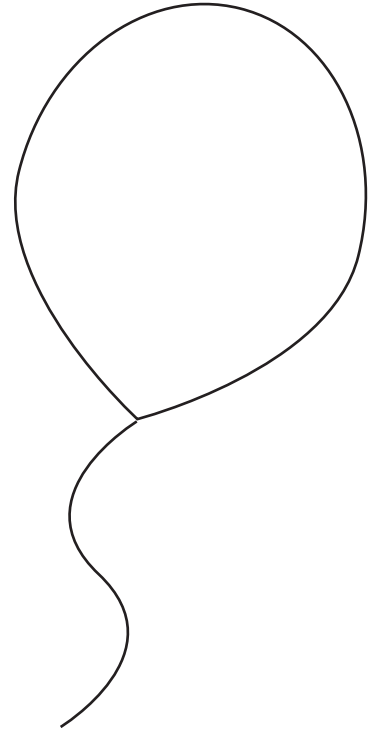
MY THOUGHTS



MY BIRTHDAY



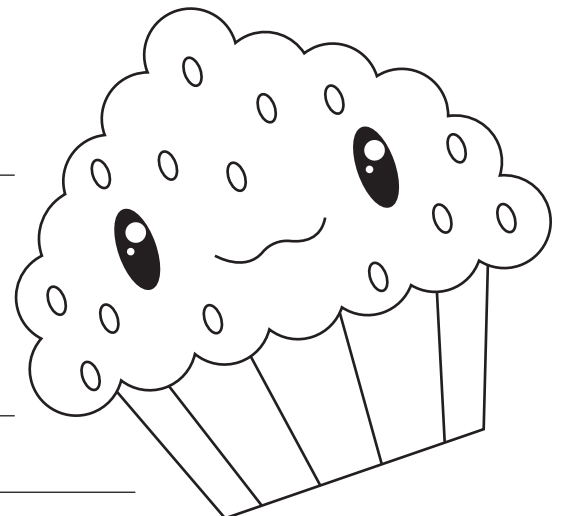
**TODAY I
TURNED**



MY GIFTS



HOW I CELEBRATED MY BIRTHDAY WHILE SOCIAL DISTANCING



MY BIRTHDAY CONT.

Draw a picture of your birthday



WHAT MADE MY BIRTHDAY SPECIAL?

.....

MY FAVORITE MOMENT OF THE DAY



Parents and caregivers have a lot to juggle as they care for a child with special healthcare needs amid the coronavirus disease 2019 (COVID-19) outbreak.

The uncertainty and required social distancing can pose unique challenges, questions and concerns.

The University of Illinois at Chicago's Division of Specialized Care for Children (DSCC)'s team of professionals is here to help.

We've compiled a list of resources to help families find the right support at <https://dsc.uic.edu/browse-resources/covid-resources/>.

The list includes places offering free meals, utility assistance, free Wi-Fi, health tips, educational websites, activities during social distancing and condition-specific information.

If you have questions about a specific need and would like additional support, please call your local DSCC Regional Office or contact (800) 322-3722.

Champaign

(800) 779-0889 (Toll Free)

(217) 244-4212 (Fax)

Chicago

(800) 425-1068 (Toll Free)

(312) 433-4121 (Fax)

Chicago Home Care

(800) 905-9995 (Toll Free)

(312) 433-4107 (Fax)

Lombard

(800) 924-0623 (Toll Free)

(630) 424-0669 (Fax)

Marion

(800) 451-0464 (Toll Free)

(618) 993-8929 (Fax)

Mokena

(800) 425-5454 (Toll Free)

(708) 478-3850 (Fax)

Olney

(888) 841-3232 (Toll Free)

(618) 395-2902 (Fax)

Peoria

(800) 382-8569 (Toll Free)

(309) 693-5306 (Fax)

Rockford

(800) 651-9319 (Toll Free)

(815) 987-7891 (Fax)

St. Clair

(800) 842-7204 (Toll Free)

(618) 624-0538 (Fax)

Springfield

(800) 946-8468 (Toll Free)

(217) 524-2020 (Fax)

dsc.uic.edu



**SPECIALIZED CARE
FOR CHILDREN**