

## Statewide Transition Conference: Description for Health Track

### General Session (All Attendees) Thursday, October 17 - 8:45 AM – 9:45 AM

#### **General Session:** LeDerick Horne “Beyond Classification”

Diagnosed with a learning disability in the third grade, LeDerick Horne defies any and all labels. He’s a dynamic spoken-word poet. A tireless advocate for all people with disabilities. An inspiring motivational speaker. A bridge-builder between learners and leaders across the U.S. and around the world. An African-American husband and father who serves as a role model for all races, genders, and generations.

LeDerick Horne will provide strategies for increasing the academic performance, self-determination, and self-advocacy skills of students with disabilities. As an entrepreneur and performance poet with a learning disability who has worked as an advocate on the national, state and local level, LeDerick Horne provides a unique prospective on education reform and issues related to creating a more equitable society. This emotionally stirring talk offers moving verses empowering information that will prepare the audience to challenge stereotypes, rethink pedagogy and improve the lives of people with disabilities

#### **Objectives:**

1. Recognize strategies for increasing the academic performance, self-determination, and self-advocacy skills of students with disabilities.
2. Express the youth perspective on living with a learning disability.
3. Identify disparities in the educational system.

### Health Track Breakouts Thursday 10/17/18 10:00 AM - 11:00 AM

#### **A5: Counseling Teens on Sexual Health and Risky Behaviors**

**(HEALTH)**

*Presented by Olyvia Phillips*

It can be difficult for physicians and pediatric providers to speak to their patients about their sexuality, or their sexual health, including their behaviors and decisions. Routinely addressing sexual health issues can help destigmatize the subject of sex and sexual behavior and increase patients’ comfort level in seeking care. Providers need to be comfortable broaching these topics with their adolescent patients in order for youth to disclose sensitive information. The Counseling Teens on Sexual Health and Risky Behaviors training is one of a five-part series developed by the Illinois Chapter, American Academy of Pediatrics (ICAAP) for our Adolescent Health Provider Education initiative through the Illinois Department of Public Health, Illinois Adolescent Health Program.

#### **Objectives:**

1. Identify effective sexual health education tools and resources for patients and their families.
2. Interpret patient situations in which further sexuality counseling is necessary.
3. Demonstrate educational materials to aid in planning safe, professional, and compassionate treatment options to patients with regard to sex and sexuality-based behaviors.

#### **A7: An Overview of DRS Home Services Program**

**(HEALTH)**

*Presented by Molly Chapman*

The Division of Rehabilitation Services (DRS) Home Services Program provides services to individuals with severe disabilities, so they can remain in their homes and be as independent as possible. This presentation will provide an overview of the eligibility requirements and types of services provided to those individuals enrolled in the program.

#### **Objectives:**

1. Identify the eligibility requirements for an individual to receive services through the Home Services Program.
2. Demonstrate how to submit a referral to the Home Services Program.
3. Recognize the different services provided by the Home Services Program.

#### **A10: Implementing the Transition Process into General Pediatrics Primary Care**

**(HEALTH)**

*Presented by Carrie Cuomo, Julie Corder*

In this session we will describe the experience of our feasibility study at the Cleveland Clinic, Main Campus General Pediatrics office. The aim of the Quality Improvement project was to educate and increase use of the tools and processes highlighted in the six core elements of transition for patients 18 years or older by providers for all adolescent patients in pediatric primary care practice settings.

#### **Objectives:**

1. Define the Six Core Elements of Healthcare.
2. Identify coding/billing and supportive documentation needed for transition encounters.
3. Increase understanding and familiarity of Electronic Health Record (EHR) tools which were created for pediatric providers transitioning patients from their practice.

**Health Track Breakouts (Targets Providers)**  
**Thursday 10/25/18 11:15 AM - 12:15 PM**

**B4: Incorporating Elements of Transition in a Busy Outpatient Practice**

**(HEALTH)**

*Presented by Teresa Nam, MD*

Educate health care professionals (pediatricians, internists, family practitioners, and nurse practitioners) on the basics of transition and how to incorporate transition in their daily busy outpatient practice.

**Objectives:**

1. Recall the six core elements.
2. Differentiate between the adult vs pediatric medicine and how it impacts transition.
3. Illustrate how to incorporate strategies to address core elements used during a brief visit.

**B5: Developing a Peer Patient Advocate Program**

**(HEALTH)**

*Presented by Angela Rivers, Sharice Bradford, Ronisha Edwards-Elliott*

To address the many concerns in healthcare for transition patients with Sickle Cell Disease, we have initiated the peer patient advocate (PPA) program. The mission of the PPA is to bridge the divide between the population with sickle cell and the medical community by allowing an individual with Sickle Cell Disease to assist the patient and the medical staff with managing the patient's care, post-secondary education, and workforce development.

**Objectives:**

1. Express how to teach patients about advocacy.
2. Use tools that strengthen patients' disease knowledge.
3. Recognize how to equip patients with life skills through a peer patient advocacy program.

**B7: The Joys and Challenges of Medical Transition**

**(HEALTH)**

*Presented by Joyce Clay*

This session will discuss the joys and challenges which can arise as an individual and family transition from the pediatric to the adult world. The session will focus on the skills needed to transition those with great medical and behavioral issues and emphasize the needs for continuity of care. The session will include strategies I have learned to enhance the transition process as my child has gone from the pediatric setting to the adult setting.

**Objectives:**

1. Identify and discuss strategies to improve patient/family relations with health care providers.
2. Identify potential tools to be used to promote successful transition.
3. Recognize the need for potential strategies to enhance and maintain continuity of care in the transition process.

**B9: Certified Recovery Support Specialist (CRSS): It's a Brand-New Day in Illinois!**

**(HEALTH/EMPLOYMENT)**

*Presented by Trenda Hedges*

This session will introduce participants to the CRSS credential. It's a great workshop for individuals who love peer support and want to explore CRSS as a career option. It's also beneficial for employers who want to learn how CRSS professionals improve healthcare outcomes by practicing recovery support principles for persons in recovery from mental illness/substance use disorders.

**Objectives:**

1. Recognize the primary role of the CRSS professional.
2. Identify CRSS domains and tasks within each domain.
3. Practice a peer support exercise to increase understanding and competency of the recovery support profession.
4. Gain insight about the CRSS Code of Ethics.
5. Define how employing CRSS professionals improves healthcare outcomes.

**Health Track Thursday**  
**10/17/19 1:45 PM - 2:45 PM**

**C4: Provider and Youth Views on Ideal Transition Planning**

**(HEALTH)**

*Presented by Parag Shah, MD, Angela Berger, Carissa Panek*

Most youth with special needs are now surviving into adulthood, where they must navigate a different system of healthcare and adult life. The American Academy of Pediatrics and other organizations have established a formal definition of healthcare transition, along with general guidelines for provider best practices. We will review these guidelines and discuss the results of a survey of youth regarding their transition experiences and preferences for transition planning.

**Objectives:**

1. Explain key components of transition planning.
2. Identify a variety of resources and tools that can help families and providers plan their transition.
3. Recognize how young adults prefer to have their transition planning needs met.

**Health Track Thursday**  
**10/17/19 1:45 PM - 2:45 PM**

**C5: AAP Bright Futures Guidelines: Implementation for Youth (11-22 Years)**

**(HEALTH)**

Presented by Kathy Sanabria, Teresa Nam, MD

The 4th Edition of Bright Futures provides critical information for a variety of audiences who play significant roles in keeping youth safe and healthy. This training is intended for providers who care for adolescents' ages 11-22 and discusses information and resources on how to best implement these evidence-based guidelines to improve patients' health.

**Objectives:**

1. State key clinical content from Bright Futures Guidelines for the Adolescent Years (11-21).
2. Identify leading evidence-based approaches to address the social determinants of health with adolescent patients' and families.
3. Use practical information, tools, and resources during well-child visits.
4. Recognize ways to tailor care provided to youth and young adults with special health care needs and intellectual disabilities.

**C10: Transition Program Models and Toolkits:**

**(HEALTH)**

Presented by Rita Rossi-Foulkes MD, Kamala Cotts MD, Nabil Abou Baker MD, Erin Hickey

Med-Peds PATHways is transition care consultative service that aims to improve health for adolescents and young adults with special health care needs. The Adult Developmental Disabilities Clinic is a medical home providing comprehensive primary care and preventive services to adults with developmental disabilities. We will describe these programs and case examples. A toolkit will be provided for participants to use in their own settings to aid in caring for adolescents and adults with special health care needs.

**Objectives:**

- 1) Identify where to find information to help patients and families prevent gaps in health insurance.
- 2) Identify where to find information to help families obtain adult guardianship.
- 3) Recognize standards of care for preventive health services for adults with developmental disabilities.

**Health Track Closing Plenary Session**  
**10/17/19 3:00 PM – 4:30 PM**

**D1: Providing & Assessing Health Care Transition in Youth with Autism Spectrum Disorder (ASD) and Developmental Disabilities**

**(HEALTH)**

Presented by Nancy Cheak-Zamora, PhD

This session will examine the core principles and guidelines for providing health care transition services with information on individual provider, clinic, and system level changes. Dr. Cheak-Zamora will discuss implementation of health care transition strategies, tools, and measures to facilitate communication with families about the transition process and youth/young adult independence.

**Objectives:**

1. Identify the importance of the health care transition service delivery and implementation.
2. Use guidelines and tools to implement health care transition services.
3. Identify and apply tools in which to measure health care transition readiness.
4. Express the value in using and embracing tools that help guide the process and fill the gaps.