

## Regular Check-Ups!!!



## They're a Part of Every Child's Life

1. **Well-Baby** and **Well-Child** check-ups are important, even when your child feels fine.
2. Early treatment may help to keep health problems from becoming serious.
3. Your child's growth and development can be watched, and your physician can talk to you about what you can do to help your child meet his/her developmental milestones.
4. Vaccines (shots such as measles, mumps, rubella, hepatitis, polio virus and tetanus) that your child gets at the check-up visits, and flu shots, prevent illnesses that can cause life-long problems, such as hearing loss, blindness, joint and muscle damage or brain damage.
5. Check-ups help to identify your child's needs and make sure your child is getting all of the health care that he/she requires.
6. Well check-ups are important in getting to know and trust your doctor. Later, when your child is ill, this trust is important to both the doctor and your family.
7. The Academy of Pediatrics now recommends doing check-ups at the following times: several days of age (if early discharge), 2-4 weeks of age, 2 months, 4 months, 6 months, 9 months, 12 months, 15 months, 18 months, 2 years, 3 years, 4-5 years, 5-6 years and every other year thereafter.
8. Your doctors can help guide you on issues such as car seats, home safety, starting foods, behavioral issues, speech development, etc.
9. It is also important for your child to see a dentist every 6 months for a dental check-up and to have his/her teeth cleaned.

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