

Family Handbook



Core Program

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Who We Are

The University of Illinois at Chicago - Division of Specialized Care for Children provides free care coordination services to Illinois children with special health care needs.

Since 1937, we've been helping Illinois children with special needs reach their full potential.

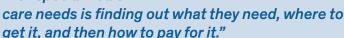
The care we coordinate is family-centered—we focus on partnering with you, listening to your needs and preferences and then tailoring a plan for how we can best help you.

Our services are delivered through Care Coordination Teams that may include nurses, social workers, speech pathologists, audiologists, and program coordinator assistants, depending on your child's needs.

Each year, we help thousands of families within their communities by working from regional offices throughout the state.

Our families have told us:

"Part of the challenge of having a child with special health care needs is finding



We want to help...

How WE HELP

We have the experience, knowledge, and networks to help guide you. How exactly we help you and your child depends on your specific preferences and needs. Care coordination services may include:

- Accessing no cost diagnostic testing to find out if your child has an eligible medical condition
- Finding specialized medical care providers who are experts in your child's specific health issues
- Understanding health coverage to help you navigate your plan and get the most out of your insurance
- Connecting you with resources and information to meet your needs
- Developing a care coordination plan to help you set and track goals, and to provide clear communication among everyone who helps care for your child
- Communicating with your child's providers, school, and other groups or individuals to make sure your wants and needs are heard
- Providing transition support that helps you prepare for and manage the changes your child will go through as she or he enters the school system, adjusts from teen years to adult life, and moves from pediatric to adult medical care
- Paying for certain medical expenses if you are eligible for financial assistance

"UIC-DSCC has been a big help to me in finding things and places that best help my child to have as normal of a life as possible. I am thankful they are there to help... to cope with all the things that come with a special needs child."



Is My CHILD ELIGIBLE?

We are able to help children who are residents of Illinois, and have certain chronic, treatable conditions. We help children with conditions such as:

- Cardiac Impairments
- Cystic Fibrosis
- Eye Impairments (Cataract, Glaucoma, Strabismus)
- External Body Impairments (Cleft Lip and Palate, Craniofacial Anomalies)
- Hearing Impairments
- Hemophilia
- Inborn Errors of Metabolism (Phenylketonuria [PKU])
- Nervous System Impairments (Seizures, Nerve, Brain, Spinal Cord)
- Orthopedic Impairments
- Speech Impairments (Dysarthria, Vocal Cord Paralysis)
- Urinary System Impairments

This is just a sample of the types of conditions that are eligible. The best way to determine if your child is eligible is to call us at (800) 322-3722.

We'll help you get a confirmed diagnosis and begin care coordination services. Even if your child is not eligible, we can connect you to programs and resources to meet your child's needs.



"Our UIC-DSCC Care Coordinator helps make all special appointments,

coordinates referrals, keeps doctors, schools, therapists... and all parties notified."

CARE COORDINATION TOOLS

Assessment of Need

Your Care Coordination Team will contact you to ask questions about your child and family to help us understand your child's and family's needs

Questions include:

- Who are the health care providers your child sees?
- What preventive care has your child had?
- How does your child function?
- What equipment does he/she have or need?
- How do you get to medical appointments?
- What developmental or educational services is your child receiving or needing?
- How is the rest of the family doing?
- Is there a change or transition coming soon?
- What goals do you have for your child?

You only have to answer those questions you feel might help us to help you.

Care Coordination Plan

Your Care Coordination Team talks with you about the needs that have been identified through the assessment and what your goals and priorities are for your child and family. All of this information helps you and your Care Coordination Team to develop a care coordination plan for your child that will be written and sent to you and others that you identify, such as your child's doctor. The plan is designed to help you set and track goals, to make sure your child's care is coordinated between various providers, and to provide clear communication among everyone who helps care for your child.

Care Coordination Organizer

When you have a child with special health care needs, you may find you have a lot of paperwork to keep organized such as school records, medical records and insurance information. The Care Coordination Organizer is a tool we can give you to help you keep track of all those important papers. You can request it from your Care Coordination Team. They can also help you identify other ways of keeping all that important information organized.



If your child is eligible for financial help, you will receive an ID card in the mail. The card tells specialists that your child is eligible for our financial assistance for approved specialty care. The card also assists us in your child's care coordination activities.

How to use the card:

- Present the ID card with an *additional* insurance card or All Kids card at appointments with specialists.
- Let the specialist know if there are questions regarding your coverage they can call us at the phone number on the card.

Call us before you arrange care - we will find out if the service provider works with us so you will know if we can help pay for care.

If you lose the card or have any questions your Care Coordination Team can help.

Sample Front



Division of Specialized Care for Children

DSCC ID CARD

THIS IS NOT AN INSURANCE CARD, DSCC pays for some medical services that require prior approval before the medical care can be provided. Please check with the DSCC Regional Office Care Coordinator prior to providing care by calling 1-800-322-3722.

Sample Back

Providers should send claims and primary payer EOBs to:

Division of Specialized Care for Children (DSCC) 3135 Old Jacksonville Road Springfield, IL 62704-6488 1-877-791-5170

The child's DSCC Regional Office Care Coordinator must be notified **prior** to any medical care; or the service may not be approved.

DSCC is a program operated through University of Illinois at Chicago (UIC). It is neither an entitlement nor welfare program. The child must meet certain criteria to be eligible and must continue to meet DSCC requirements for continued eligibility.

Serving Children with Special Health Care Needs

WHEN SHOULD I CALL MY CARE COORDINATION TEAM?

If you are not sure if we can help, call us. We are here to make things easier. The more we know about your child's needs, the better we will be able to help you meet those needs.

When You Schedule, Change or Have:	Call and Tell Us:
Appointments (with specialists, therapists or other providers)	when and where the care will be provided
Hospitalizations	when, where and for what problem
nospitalizations	• whether it is inpatient or outpatient
Surgeries	who the surgeon is
	what kind of surgery is being done
	whether it is inpatient or outpatient
	whether lab work, x-rays or other care is needed before or after the surgery
Referrals from your primary care doctor to a specialist	who, where, when and for what problem
Recommendations from your primary care doctor or specialist for equip- ment, supplies, medica- tions or services	what equipment, supplies, medications or services are needed

WHEN SHOULD I CALL MY CARE COORDINATION TEAM?

Our Care Coordination Team is prepared to work with you to find the help your child needs.

Always Call Us When You Have Any Change(s) In:

- Health insurance/All Kids/Medicaid eligibility or coverage
- Child's address or phone number
- Medical treatment or treatment plans
- Family size
- Income
- Doctors who care for your child

Other Reasons To Call:

- You have questions about bills, insurance statements or Explanations of Benefits (EOBs)
- To request assistance with travel expenses for medical care
- You have questions about community resources and services
- To learn about your child's rights at school
- To link with other families with a child who has a condition like your child's
- To start a plan to transition your child to independence and adulthood
- You want help with changes in your child's life that concern you
- You have news to share about your child
- If you lose your DSCC ID Card



FINANCIAL HELP

We can help pay for some medical expenses associated with your child's medically eligible condition if you meet our financial guidelines.

How Do I Find Out If My Income Qualifies?

To Verify Your Income, We Need:

- A completed Financial Application
- Tax forms to provide proof of income if you have changes, like a new baby or a new job, that change the information on your tax form, talk to your Care Coordination Team about sending paycheck stubs
- Information about insurance and All Kids/Medicaid
- Releases (authorization) to give us permission to request and share information

If you meet the income guidelines, we'll send you a letter with the dates your child is eligible for help with certain bills. We will need new information periodically to make sure you still qualify for financial help.



What If I Don't Meet The Income Guidelines?

If you do not meet financial guidelines, we can still help you through all of our other care coordination services

FINANCIAL HELP

If My Income Qualifies, Do You Pay For All Of My Child's Care?

Your private or public insurance is billed first. Because we have to follow certain rules, it is always best to call us before your child receives care to see if we can help pay. We may be able to help pay:

- For certain medical conditions
- When we approve the care prior to the service
- When the care is provided by an approved physician

What Do I Do When My Child Needs A Service?

- Call us before the service and tell us what your child needs.
- If you cannot tell us about the service before your child receives it, you need to tell us within 30 days of the service to find out if we can help pay.

Prior Approval

For certain services, we will send a Notice of Prior Approval form to you and the service provider. Take the Prior Approval form with you to your appointment. This form tells you and the provider:

- What service has been approved
- Who is approved to provide the service
- The date the service takes place

We will process the bill for service after your insurance decides what portion of the bill they will pay.

FINANCIAL HELP

Summary Of Benefits

If we have paid for care, we will send you a monthly statement called a Summary of Benefits. The Summary of Benefits will list the services your child received and the payments made by us and other payers.

What Should I Do If I Receive A Bill For My Child's Medical Care?

- Call your Care Coordination Team.
- Send us the bill. The sooner we receive the bill, the quicker we see what we can help pay. Keep a copy of any bill you send.
- If you have an insurance Explanation of Benefits (EOB) for those bills, attach a copy of the EOB to the bill and send both.

What If My Child Needs Care On The Weekend Or After Hours And I Don't Know If You Can Help Pay?

If you cannot call us during office hours:

- Leave a voice message at your Regional Office or e-mail your Care Coordination Team.
- If your child sees a doctor in the emergency room, ask the ER doctor to call your child's specialist.
- Call your Care Coordination Team within 30 days of the date of your child's care to see if we can help pay.



ALL KIDS/MEDICAID

If your child does not have insurance, we'll help you apply and enroll (if eligible) in All Kids or Medicaid if you want us to help pay for your child's care.

The All Kids/Medicaid Program offers benefits for a wide range of medical, dental and vision services, including school physicals, immunizations, routine and preventive medical and dental care, mental health services and services for chronic health conditions.



If Your Child Has All Kids or Medicaid, We May be Able To:

- Help you find doctors and other providers that take All Kids/ Medicaid
- Help your child link to other agencies or community resources not covered by All Kids/Medicaid
- Help you pay for some services not covered by All Kids/Medicaid
- Help with co-pays for children who have All Kids Share or Premium



"It is difficult to find a physician to fit (my youth's) needs for the future as an adult. Lots of things will need planning as (he/she) moves from pediatrics to adult care."

As you work with us, you may find some terms that are unfamiliar to you. This glossary explains these terms as they apply to our care coordination services. If you have questions regarding this information, call your Care Coordination Team.

All Kids: An Illinois Department of Healthcare and Family

Services (HFS) insurance program that provides medical insurance for children ages birth through

18.

Approval: The process that a doctor or other health provider

completes to work with us and our enrolled

families.

Authorization to Release Health Information (Release): Special written permission from you to get or share your child's medical information with those specific individuals you indicate.

Care
Coordination:

The process by which your Care Coordination Team helps your family to identify and meet your child's medical, social and educational needs.

Care
Coordinator:

A Specialized Care for Children staff person who is either a nurse, social worker, speech pathologist or audiologist.

Care Coordination Team: The team includes you, your child, the Care Coordinator and Program Coordinator Assistant. Your Care Coordination Team will provide assistance to you and your child, answer your questions and talk with you about your concerns.

Cost Log: A form that financially eligible families can com-

plete for help with some "out-of-pocket" expenses

such as co-pays and deductibles.

Diagnostic: The evaluation by an approved specialist that

determines whether your child has a medically

eligible condition.

Eligibility Letter: A letter that states your child's medically eligible condition(s) and the time period during which we may help pay bills for services related to the

eligible condition(s).

Explanation Of Benefits (EOB):

A statement from your insurance company that explains what was paid on a specific bill and why the bill was processed in that way. We must have a copy of this paperwork in order to pay any cost for the service or equipment that was not covered

by your insurance.

Financial Period:

If you meet the financial eligibility guidelines, a financial eligibility period is established. The period may be 1 or 2 years, depending on what documentation of income you provide. Your financial period will be indicated on your eligibility letter.

HIPAA:

Health Insurance Portability and Accountability Act of 1996. This Federal law protects the privacy of health information that can be linked to an individual. The law ensures your right to access your personal health information and to determine how that information may be shared with others.

ID Card: The card tells specialists that your child is eligible

for our financial assistance for approved specialty

care.

Benefits:

Insurance A formal request to your insurance company from your child's primary care physician (PCP) for your

your child's primary care physician (PCP) for your child to see a specialist. Most insurance companies issue a referral number to the specialist to

indicate the referral has been approved.

Maximize We require that you maximize insurance benefits.

When you follow all the rules of your insurance company, the insurance may pay for more services

and at a higher rate.

Medicaid: An Illinois Department of Healthcare and Family

Services (HFS) program that provides assistance with medical, dental and vision services for low

income families.

Medically Medical eligibility is determined either through a diagnostic evaluation or through review of existing

Condition: medical reports regarding your child's condition.

NetworkThe providers that have agreements with your insurance company are considered "in-network"

providers. Using "out- of-network" providers usually results in a lower payment by your insurance company or a penalty that you have to pay.

Primary
Care
Physician
(PCP):

Your child's regular pediatrician or family physician who gives routine child care. Many insurance companies require the child to have a PCP.

Prior Approval: A written approval that is required for some services.

Program Coordinator Assistant (PCA): A PCA will most likely be your first contact with us. The PCA will take your referral, discuss your child's needs and send the application to you. The PCA will determine your financial eligibility and will update that financial eligibility periodically. The PCA and the Care Coordinator will work together as a team to meet your child's needs.

Regional Office:

Illinois is divided into 102 counties. We have regional offices that cover all counties in the state.

Specialty Care:

Service from a physician who treats children with certain diagnoses. We require that care be provided by an approved specialist.



How to Contact Us

Call us Toll-Free: (800) 322-3722 (DSCC)

TTY: (217) 785-4728

Visit our Website: dscc uic edu

Facebook: facebook.com/dscc.uic.edu



Call the Regional Office nearest you: List on back cover

Can I E-mail My Care Coordination Team?

If you want to e-mail a member of your Care Coordination Team, we want you to know that we cannot promise that e-mail is private. It is also important for you to know how we handle e-mail. Please call us and ask us to send you our e-mail guidelines.

Can You E-mail Me?

If you want us to e-mail you, we need special written permission from you since we cannot promise e-mail is private. Please call us and ask us to send you our e-mail guidelines and a release form (authorization).

What If I Need To Call You After Office Hours?

If you are unable to call during office hours (8:00 a.m. - 4:30 p.m.), leave a voice message at your Regional Office.

What Should I Tell You If I Call Or E-mail?

- Your name
- Your child's name
- The phone number where you can be reached
- The best time for us to call you back



My Child's Care Coordination Team

Regional Office Phone Number:
Care Coordinator's Name:
Care Coordinator's
E-mail Address:
Program Coordinator
Assistant's (PCA's) Name:
PCA's E-mail Address:
Other Notes:
Regional Manager's (RM's) Name:
RM's E-mail Address:

REGIONAL OFFICE INFORMATION

Champaign

510 Devonshire, Suite A Champaign, IL 61820-7306 (217) 333-6528 (Voice) (217) 244-8390 (TTY) (217) 244-4212 (Fax) (800) 779-0889 (Toll Free)

Chicago

722 W. Maxwell Street, Suite 350 Chicago, IL 60607-5017 (312) 433-4114 (Voice) (312) 433-4122 (TTY) (312) 433-4121 (Fax) (800) 425-1068 (Toll Free)

Chicago Home Care

1309 S. Halsted Street, Suite 307 Chicago, IL 60607-5021 (312) 433-4100 (Voice) (312) 433-4108 (TTY) (312) 433-4107 (Fax) (800) 905-9995 (Toll Free)

Lombard

1919 S. Highland Avenue, Suite 320A Lombard, IL 60148-6181 (630) 652-8900 (Voice) (630) 424-0553 (TTY) (630) 424-0669 (Fax) (800) 924-0623 (Toll Free)

Marion

2309 W. Main Street, Suite 119 Marion, IL 62959-1196 (618) 997-4396 (Voice) (618) 993-2481 (TTY) (618) 993-8929 (Fax) (800) 451-0464 (Toll Free)

Mokena

19065 Hickory Creek Drive, Suite 340 Mokena, IL 60448-8507 (708) 326-4400 (Voice) (708) 478-3864 (TTY) (708) 478-3850 (Fax) (800) 425-5454 (Toll Free)

Olney

1102 S. West Street Olney, IL 62450-1321 (618) 395-8461 (Voice) (618) 392-3869 (TTY) (618) 395-2902 (Fax) (888) 841-3232 (Toll Free)

Peoria

7013 N. Stalworth Drive Peoria, IL 61615-9465 (309) 693-5350 (Voice) (309) 693-5345 (TTY) (309) 693-5306 (Fax) (800) 382-8569 (Toll Free)

Rockford

4302 N. Main Street, Room 106 Rockford, IL 61103-1209 (815) 987-7571 (Voice) (815) 987-7995 (TTY) (815) 987-7891 (Fax) (800) 651-9319 (Toll Free)

St. Clair

1734 Corporate Crossing, Suite 1 O'Fallon, IL 62269-3734 (618) 624-0508 (Voice) (618) 624-0544 (TTY) (618) 624-0538 (Fax) (800) 842-7204 (Toll Free)

Springfield

3135 Old Jacksonville Road Springfield, IL 62704-6488 (217) 524-2000 (Voice) (217) 524-2011 (TTY) (217) 524-2020 (Fax) (800) 946-8468 (Toll Free)