



Available Free Resources for People and Families with Type 1 Diabetes (T1D)

Newly-Diagnosed Bags

- Bag of Hope for newly-diagnosed children (contains a teddy bear, a meter, kid-friendly materials, and info about T1D and JDRF)
- Adult T1D Care Kit for newly-diagnosed adults (contains a Newly-Diagnosed Adult Toolkit, a meter, adult resources, and info about T1D and JDRF)

Life with Diabetes Support

- One-on-one mentoring for parents of children with T1D or adults living with T1D (*no medical or legal advice*)
- Local support group listing

Online Resources

- Clinical Trials Connection at <http://jdrf.org/clinical-trials-connection/>
- Online Diabetes Support Team (*no medical or legal advice*) at <http://typeonenation.org/resources/online-diabetes-support-team/>

Toolkits (available in hard copy or via email): *Toolkits also available in Spanish.

<http://typeonenation.org/resources/newly-diagnosed/t1d-toolkits/>

- School Advisory Toolkit
- Teen Toolkit
- Pregnancy Toolkit
- Newly-Diagnosed or Experienced Adult Toolkit

Info Sheets (available in hard copy from the chapter or via email)

- JDRF fact sheets in English and Spanish
- “What is Type 1 Diabetes?”
- Low and high blood sugar definitions/symptoms and treatment (in English and Spanish)
- Information on going off to college
- Travel tips
- Financial assistance information (in English and Spanish)
- Celiac
- Helpful websites

To obtain these resources or learn more, please contact JDRF Illinois at (312) 670-0313 or email Christine Bissler at cbissler@jdrf.org.