

teenagers
who smoke are:

3x

MORE LIKELY TO USE ALCOHOL

8x

MORE LIKELY TO USE MARIJUANA

22x

MORE LIKELY TO USE COCAINE

9/10

tobacco users

start before

eighteen

AMONG
UNDERAGE
DRINKERS

(AGES 12-20), 21.1%

RECEIVED IT FROM A
PARENT

PARENTS ACADEMY ROAD MAP

TRAIL OF TEEN
DRUG USE

EVERY YEAR, MORE
TEENS ENTER TREATMENT
WITH THE DIAGNOSIS OF
MARIJUANA DEPENDENCE
THAN FOR ALCOHOL AND
ALL OTHER DRUGS
COMBINED.

Parents Academy



Background

Parents are the most powerful influence in their teenagers' lives. They are instrumental in preventing long-term drug use and its consequences. The National Council on Alcoholism and Drug Dependence, Inc. (NCADD) found that teens that learn about the risks of alcohol and drugs from their parents are up to 50% less likely to use illicit substances; however, only about three in ten teenagers report learning about the dangers of substance abuse from their parents.

Parents Academy is a program designed to help fill that gap. *Parents Academy* is a road map that was created to help parents foster healthy, functional habits in their teenaged children. Parents are given effective techniques on how to establish open dialogues with their children, how to identify risky behavior, and how to create a plan of action to motivate and encourage better decision-making. Drug and alcohol experimentation during adolescence can lead to greater problems as teens leave home and head to college and beyond.

Dr. Barthwell's lectures will inform parents on how to guide their children through young adulthood and how to allow them to discover themselves in a safe, structured environment to ensure that they grow into successful and healthy adults.

Scheduling

Dr. Barthwell is partnering with local prevention experts to deliver the *Parents Academy* lecture series. The lectures can be held at your local high school or other location of your choice. As a concerned mother of three, Dr. Barthwell believes so strongly in this cause that she provides these lectures free of charge as a way of giving back to the community.

Biography

Andrea Grubb Barthwell, M.D., F.A.S.A.M., is the founder and Medical Director of Encounter Medical Group, PC and Two Dreams. Dr. Barthwell is a former Deputy Director of Demand Reduction at the White House Office of National Drug Control Policy (ONDCP), a Fellow and past president of the American Society of Addiction Medicine (ASAM), and is certified by the American Board of Addiction Medicine (ABAM). Prior to her service in Washington, Dr. Barthwell was Medical Director of Interventions and TASC-IL. In 1997, she was voted by her peers as one of the "Best Doctors in America" in addiction medicine.

Please Join Us

Wednesday, April 2nd, 2014

6:30 p.m. – 8:30 p.m.

Wilmington High School



Hosted by: Wilmington Coalition for a Healthy Community

www.wilmington-coalition.org