

Home-based Supports and Day Programs



Explore your options so you and your family/guardian can choose programs and services that best suit your needs, help meet your transition goals, and allow you to live as independently as possible in the community of your choice.

You should plan early. Getting into adult service programs may take months. Accessing adult services will be much different than getting services through the school.

The process will take time, many phone calls, lots of follow-up and appeals. Try not to get discouraged. Don't give up!

You will need to plan how to fund your future services, trainings, supports and your living arrangements.

Adult service options and funding sources are much different than child-focused services and funding. Some differences are:

- Government-funded programs for adults are very limited;
- You must meet the program's eligibility guidelines in order to get services;
- There are waiting lists, applications, disability determinations and other processes required.

In-Home Support Options. You may want to apply for one of nine Home- and Community-Based Services (HCBS) waiver programs to get services to help you live more independently in your family's home or with living on your own. For additional information about the HCBS waiver programs, refer to the "Get Financial Help" section on the next page. **Some in-home supports provided are:**

- Homemaker
- Assistance with nursing or personal care
- Respite care
- A personal case manager
- Non-medical transportation
- Day Programs include activities to foster skill building, appropriate behavior, greater independence and personal choice, and may include daily living skills instruction, community outings, vocational training, employment opportunities and recreation.
- Emergency home response
- Environmental accessibility adaptations
- Specialized medical equipment and supplies
- Home delivered meals

(Next page provides a list of resources)

Get Financial Help for Needed Supports

Home- and Community-Based Services Waivers

- **Persons with Developmental Disabilities • Home- and Community-Based Services Waiver** - register for the Prioritization of Urgency of Need for Services (PUNS) through the Department of Human Services Division of Developmental Disabilities (DDD). Call your area's Independent Service Coordination (ISC) agency at 1-888-DDPLANS (1-888-337-5267) or 1-866-376-8446 (TTY). You can also check online at www.dhs.state.il.us or the Governor's Developmental Disabilities web site at www.dd.illinois.gov.
- **Persons with Disabilities • Division of Rehabilitation Services (DRS) Home Services Program** - this waiver serves individuals with severe physical disabilities. A fact sheet on the Home- and Community-Based Services Waiver / Home Services Program is available online at <https://www.illinois.gov/hfs/MedicalClients/HCBS/Pages/default.aspx>. For more information contact the Division of Rehabilitation Services at 1-800-843-6154, 1-800-447-6404 (TTY), and online at <http://www.dhs.state.il.us/page.aspx?item=29738>.
- **Persons with Brain Injuries • Division of Rehabilitation Services (DRS) Home Services Program** - a fact sheet on the Home- and Community-Based Services Waiver / Home Services Program is available online at <https://www.illinois.gov/hfs/MedicalClients/HCBS/Pages/default.aspx>. For more information contact the Division of Rehabilitation Services at 1-800-843-6154, 1-800-447-6404 (TTY), and online at <http://www.dhs.state.il.us/page.aspx?item=29738>.

Other Resources

- **The Illinois Assistive Technology Program** - promotes availability of assistive technology services such as the **ILoan Program**, which provides loans to buy assistive technology for daily living, self-employment and home-based employment. Call 1-800-852-5110 or go online: <http://www.iltech.org/repository/financialloans>.
- **Supported Living Facilities • Illinois Supported Living Program** - offers housing with support services to persons with physical disabilities (22 and older), depending on the population served by the facility. This is a Department of Healthcare and Family Services waiver program that allows for supported living services that include personal care, homemaking, laundry, medication supervision, social activities, recreation and 24-hour staff. **The resident is responsible for paying the cost of room and board at the facility.** For more information, see the online fact sheet at <https://www.illinois.gov/hfs/MedicalClients/HCBS/Pages/slf.aspx> or call 1-217-782-0545.
- **Statewide Independent Living Council of Illinois** - supports independent living services across Illinois. For more information, call 1-217-744-7777 (V/TTY) or go online at <http://silcofillinois.org/>.

We're here to help. To learn more about UIC-Specialized Care for Children's programs and services, check out our website at:

dsc.ue.edu or like us on  facebook.com/dsc.ue.edu