

### Safe and Healthy Infant Training

# SIDS, SBS, and Safe Sleep Environments Training

Sudden Infant Death Syndrome (SIDS), Shaken Baby Syndrome (SBS) and Safe Sleep Environments for Babies might be the most important information you ever learn and might mean the difference between life and death!

SIDS is the leading cause of death for infants between 1 month and 12 months of age, according to the American Academy of Pediatrics. According to the Centers for Disease Control, SBS is the leading cause of child abuse deaths in the US. Nearly all victims of SBS suffer serious health consequences and at least 1 of 4 babies who are violently shaken will die. Both SIDS and SBS are most common among infants from 1-4 months old.

#### This training will:

- Discuss the current American Academy of Pediatrics (AAP) recommendations on Sudden Infant Death Syndrome (SIDS) and safe sleep environments for babies.
- Explore the dangers of and triggers for Shaken Baby Syndrome (SBS).
- Teach participants how to share this lifesaving information with parents and other caregivers.

## To register click here or visit: http://www.cccconnect.org/infant/

Register early! Seating is limited.

For more information contact
Prevent Child Abuse Illinois at 217-522-1129 or visit our website at
www.preventchildabuseillinois.org

### April 30, 2015

9:00am-3:00pm

(registration begins at 8:30am)

### **Dove Conference Center**

(at Prairie Heart Institute at St. John's Hospital)

619 East Mason

Springfield, IL 62703

**Cost: \$15** 

Includes lunch and all training materials

#### Training presented by

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and

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