



National Alliance on Mental Illness

NAMI

Southwestern
Illinois

5K RACE FOR RECOVERY

Saturday, June 27, 2015

Join the 5K Race and 1 Mile Walk to Support Mental Health

- Family-Friendly Activities
- Rain or Shine Event
- Flat and Fast Course
- Professionally timed by Final Lap Race Management
- First 50 registrants receive a FREE ticket to the evening Grizzlies game



GCS Ballpark
Home of the Gateway Grizzlies

301 Grizzlie Bear Blvd
Sauget, IL 62206



Sign In: 7:15 am
Run & Walk: 8:15 am

Register online <https://runsignup.com/NAMI5KRaceforRecovery> or use the form below.

For more information, visit <http://namiswi.org>



INDIVIDUAL REGISTRATION FORM

Name _____

Address _____

Phone _____

Email _____

Age* _____ Gender _____

**For 17 and younger, a parent/guardian signature is required*

- 5 K Race Participant \$30.00
 1 Mile Walk Participant \$30.00

Method of Payment

- Cash Check

Make check payable to:
NAMI SWI

T-Shirt Size (Register by June 5th to guarantee shirt)

- Child Medium Child Large
 SM M L
 XL 2XL 3XL

Participant Signature

Parent/Guardian Signature If Applicable

Your donations and participation are greatly appreciated. NAMI receives no state funding and relies on your financial support to help us spread the news through our education programs and support groups that there is hope for those who have mental health conditions and for their families who love and support them. NAMI Southwestern Illinois is a 501(c)3 Not-for-Profit Organization. Donations are tax deductible to the full extent allowed by law.

Release, Waiver of Liability, Assumption of Risk: NAMI SWI, affiliates, volunteers and employees are not responsible for any injuries incurred during the walk/run. We recommend seeing a physician before starting or participating in any physical activity.

Mail form with payment to: NAMI SWI 2100 Madison Avenue, 4th Floor Granite City, IL 62040

Proud member of

United Way
of Greater St. Louis

