

It's Great to Be a Kid!



You Get to Play and Play and Play...

1. **Play is a lot of fun. Everyone loves to play, even adults.**
2. **Did you know that play is a great way for kids to learn new things?**
 - ✓ Blocks are a great way for kids to explore the effects of gravity.
 - ✓ Scribbling and drawing teaches kids muscle control.
 - ✓ Playing catch helps kids to learn eye-hand coordination.
3. **Playing with others is also important.** It helps kids learn about things, like how to get along with each other and how to problem solve.
4. **There are several different types of play that your child will benefit from:**
 - ✓ **Solitary Play:** Playing alone - reading, drawing, working on puzzles.
 - ✓ **Parallel Play:** Children play next to each other doing their own thing. One kid makes a castle in the sand while the other kid makes pies
 - ✓ **Cooperative Play:** Children play together - pretending, board games, card games.
5. **Remember, playing should be fun and exciting.** Help your child to learn in this fun and creative way.
6. You may find the Lekotek Center's *Toy Lending Libraries* and *Family Play Sessions* helpful. To learn more, go to: <http://www.lekotek.org> or call the Toy Resource Helpline: 1-800-366-PLAY (7529).

We're here to help. To learn more about UIC-Specialized Care for Children's programs and services, check out our website at:

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