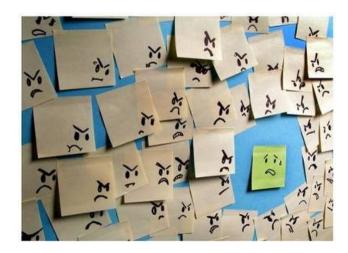


It's Your Child...



- 1. Your child only gets one body, so it is your job to teach him/her how to take care of it the best that they can.
- 2. Trying to say "NO" to things like tobacco and alcohol is often difficult, especially when your child is under peer pressure to be "cool."
- 3. You need to teach your child to decide what is right for him/her. Make sure they get ALL of the facts before they jump to a decision.
- 4. **Medications, tobacco, and alcohol are all chemicals** that cause our bodies to react in different ways.
- 5. Ask your pharmacist about the medications your child takes and what substances might interfere with them and put your child at risk for developing serious side effects.
- 6. Talk openly with your child and give him/her time to make the decision that is right. It may very well change both of your lives.

We're here to help. To learn more about UIC-Specialized Care for Children's programs and services, check out our website at:

dscc.uic.edu or like us on

