

Taking Care of Your Child's Special Needs...



1. Do you feel like time is running away from you? Keeping up with your child's special needs can be a full-time job.
2. Here are some ways to make things easier for you and your family:
 - **Ask lots of questions** - make sure you understand what your child needs and why certain medication, therapy, or equipment is being used.
 - **Pay close attention to your child's treatments.** Work with your health care providers so you can be trained and comfortable in doing your child's treatment.
 - **Talk with your doctor** about how to best fit your child's treatments into your family's daily routines.
 - **Always let your health care providers know how your child is reacting to treatments** - it may be time to change what is being done.
3. Remember, you know your child better than anyone - always know what is going on with your child and ask for help when you need it.
4. The National Dissemination Center for Children and Youth with Disabilities has many resources to help you. To learn more, go to: <http://www.nichcy.org> or call **800-695-0285** V/TTY.

We're here to help. To learn more about UIC-Specialized Care for Children's programs and services, check out our website at:

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